

Cork Constitution F.C. Matchzine



ALL IRELAND LEAGUE

Division 1A

Shannon R.F.C. Cork Constitution F.C.

13Th April 2019 14.30 PM

There are some mouth-watering showdowns in next Saturday's final round of the All-Ireland League, with four of five relegation-threatened teams in Division 1A set to play each other, and Lansdowne and Clontarf going head-to-head for a home semi-final.

Last Friday night long-time leaders Cork Constitution booked a home semi-final in Division 1A after completing a season's double over UCC with a 37-19 derby win at Temple Hill.

On a night when Con's 1999 league champions were celebrated, Brian Hickey's class of 2019 did most of the damage in the first half with tries from Shane Daly and full-back Liam O'Connell (2). Further scores from Brian Hayes and replacement Richard Cassidy registered their 11th try bonus point of the season.

Shannon's hopes of staying up in the top flight were dented last Friday when they went down 33-7 to Young Munster at Tom Clifford Park. Shannon may need a bonus point win over Constitution and other results to go their way if they are to avoid relegation.

Lip Sync 2019

Cork Con's Lip Sync 2019 fundraiser, hosted by sports journalist and presenter Trevor Welsh, took place on Friday 29th March in the Rochestown Park Hotel. The night was a roaring success with fantastic performances all round.

Guest judges Gerald Keane, Norma Sheahan, Brid Stack and our own Niall Kenneally kept the audience thoroughly entertained in between acts.



The winners Leah O'Shea, Sinead O'Reilly and Ellen Condon performed an unforgettable rendition of the popular song "Bang Bang" by Jessie J, Nicki Minaj and Ariana Grande.



A heartfelt thank you to all contestants for putting on an incredible show and to the extended Cork Con family for coming to support the event.

Special thanks to committee members Peter O'Leary, Declan McGinn, Sharon McAdoo, Hazel Dolan, Jim Barry, Der O'Riordan, Darren Paul, Michael Brazil and Mick Boland who put a huge amount of work into making the Cork Con 2019 Lip Sync **SIMPLY THE BEST**

Ciara Hegarty - chairperson



Cork Constitution club has a vacancy for an Office Manager. The role is part-time role requiring approximately 20 hours per week. The ideal candidate will have previous experience in an office environment, possess excellent attention to detail, be highly competent in prioritising work and proficient in:

- Office based productivity tools (including word-processing, spreadsheets, e-mail, database),
- Data-entry for financial accounts, and
- Management of day-to-day office activities (invoicing, banking, payment of creditors, membership telephone/post, etc.)

Interested parties should submit their application letter with a CV to Conor Clune, Hon Secretary CCFC at info@corkcon.ie or by post to the club office.

Cork Con's U-12's show their mettle at Willow Park

The annual Father Gavin U-12 Willow Park rugby festival has been running for 37 years and Cork Con's U-12 squads have been regular participants. This year saw 51 boys and 9 coaches make their way from Templehill to Willow Park School in Dublin's Blackrock.



It is a great opportunity to compete against some of Ireland's best clubs and schools, some playing rugby three or four times per week, honing their skills in the hope of becoming the next Brian O'Driscoll (one of many well-known Willow Park alumni). The question was whether Cork Con's talented squad who play a range of sports mid-week but only play rugby on Saturday mornings, would be found wanting.

Willow Park is the prep or feeder school to Blackrock College and both schools share the extensive and impressive facility on Rock Road. Some of the Con boys were among the first to play on the school's brand new 4G AstroTurf pitch.

The 9:30am registration time meant a 6:15am departure from Templehill and a very early start for players and coaches alike. Nevertheless, all were in good spirits on the journey to Dublin.

One of our coaches was so enthusiastic that he set off a day early on his bicycle. A wrong turn leaving Cork meant a bus journey from Galway to Dublin on Saturday morning to reunite him with the squad, thankfully in full health and a positive frame of mind.

The format had 52 teams playing in 13 groups of 4 in the morning with the groups then rearranged depending on results for the afternoon matches.

While the tournament is competitive, the emphasis is firmly on it being a 'festival' and awards were made based on the best displays of sportsmanship rather than declaring any outright winner.

That was slightly at odds with the battle cries in the Con dressing room - plenty of encouragement and stirring stuff!



Con fielded three teams - Con black, Con white and Con blue to compete in different groups. The black team played Willow Park A, Wexford Warriors and Lansdowne black in the morning.

One win and two draws against very tough opposition brought more of the same in the afternoon against Naas, St. Mary's Dragons and Wexford Warriors A. Another three wins meant the black team could claim an unbeaten day out.

Con white played Willow Park B, Corinthians and Waterpark Red in the morning. Loss of a number of key players through injury including poor Jack Mansfield with a fractured wrist, put the whites under pressure all morning and they were glad to have a break to regroup at lunchtime.



The afternoon grouping against CUS, St. Michael's and Ennis brought some respite. The whites enjoyed some better results and Conor Ward grabbed a superb try after great work by Jonathan McLaughlin and Charlie Walker.

Con blue played St. Mary's Tigers, Young Munster Cheetahs and Willow Sharks in the morning. Dominant wins in all matches saw them paired with much stiffer opposition in the afternoon in the form of Stradbroke, Young Munster black and Willow Park. The blues found themselves playing a more defensive game and really dug in with some fine individual displays.

Remy Mohally showed the true meaning of the old adage "the bigger they are the harder they fall" with a perfectly timed ankle tap which sent the northern hemisphere's biggest 11-year-old crashing to the turf when he looked certain to score.



The entire squad joined up afterwards to give Jack Mansfield a hero's welcome on his return from hospital. A rousing version of "Here, here, the Cons are here .." was led by Colm Moynihan (who now almost knows the words by heart) before piling back onto the bus for the return journey.

A compulsory stop for burgers and ice cream rounded off the day nicely and we were back at Templehill for 7:15pm. A good day out which showed the Con boys are well able to compete at the highest level.

A special word of thanks must go to our hosts in Willow Park for providing lunch for all and to our own Dr. Stephen O'Riordan for working so hard throughout the day tending to various knocks and scrapes and for taking such good care of Jack, and thanks also to Shane Moynihan for bringing him to the hospital to get strapped up.

Coaches:

Con black - Finbarr Jeffers, Colm Moynihan, Stephen Rose.
Con white - Stephen O'Riordan, Jerry Murray, Terry Ward
Con blue - Barry Guiney, Roger Hill, Brian O'Callaghan

Under -age News Update

U7 training as usual, U12's are playing Dolphin at home, the 8's, 9's, 10's & 11's are all off to Limerick to play Shannon and watch the AIL game after and the U13's are going on their tour to Cambrils in Spain.

Golf Classic

Cork Constitution Football Club annual golf classic takes place on Friday 26th April in Douglas Golf Club. Each year Cork Constitution Football Club puts on an 18 hole 3-person team Golf Classic to raise needed funds for the ongoing running of the club. For those who have in previous years entered teams or sponsored the classic in some way, we thank you for your valued support.

We kick off our Classic this year with early tee times from 08:56am. You are welcome arrive before your tee time and use the Douglas Golf Club state of the art simulator and test your skill on a simulated near-est-the-pin competition. A resident expert will be on hand to offer tips on your swing. A meal awaits hungry golfers after completing the round.

Tee times are available from 08:56am to 12:24pm, and from 14:00pm to 16.30pm. The day ends with Prize ceremony at 9pm. We welcome you to come out and enjoy this great day of golf and entertainment. Meet old friends and make new ones. For your preferred tee-time please contact Dave Cagney on 087 2364627 or cagneydave@gmail.com, or to any of the organising team (see below).

If you cannot participate in the golf, we will be delighted if you would to sponsor a tee box or a prize.

Each tee-time for 3 persons costs €300, which includes meal. There will be a reduced price for the earliest tee times

Sponsor a tee box for €100

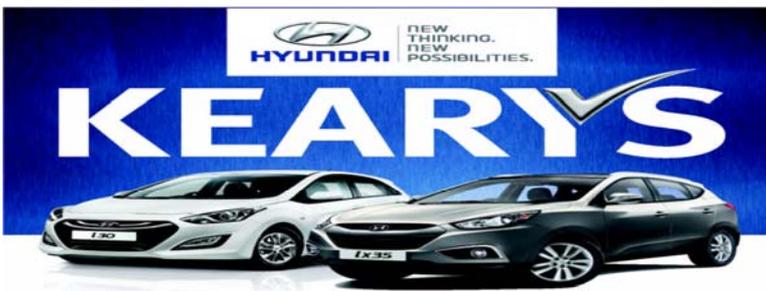
Hope to see you there!

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Cork Constitution has one of the finest facilities in Irish Rugby.



The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Der O'Riordan on 085-1049920 or email: info@corkcon.ie to discuss your requirements and arrange to see the facilities.

Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available this season.



If you are interested in becoming a Hoarding Sponsor please contact Fiona Burke at 021 4291960 or e-mail info@corkcon.ie



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