



Cork Constitution F.C. Matchzine



This week-end is a make or break one for Constitution with all of the clubs senior teams involved in winner takes all matches.

Munster Junior 2 League Final

Garryowen F.C. Cork Constitution F.C.

Dooradoyle

Friday 27th April 2018 K.O. 19.30 PM

Last week the Junior 2 team beat Bandon 12-7 to bring the Junior 2 Cup back in Temple Hill for the thirty first time.

The Junior 2 management team of Eoin Quinlan, Kevin Minihan, Peter McNamara and Justin McCarthy will be hoping that their side will continue their recent good form and go on to win the Junior 2 double.

Ulster Bank AIL Semi-Final

Terenure College R.F.C. Cork Constitution F.C.

Saturday 28th April 2018 K.O. 3.00 PM

After last week's defeat to Lansdowne in the Bateman Cup final Brian Hickey's men will have to regroup as they travel to Dublin to face Terenure in the Ulster Bank AIL League Semi-Final.

Both sides have won their home game when they met in the regular season matches. In the first match played in Terenure, the home side edged Constitution 39-35 in a 10 try thriller. Constitution came storming back from 36-14 down to get within a point of Terenure however they left themselves with too much ground to make up and a late penalty sealed the victory for Terenure.

When the two sides met again in April home advantage was a key factor as Constitution narrowly defeated Terenure 30-27 in a 7 try game.

Saturday's match promises to be another thrilling encounter despite there being so much at stake. Constitution will not give up their title easily and will be looking to make the All Ireland Final for the third year in a row. In the other Semi-final Lansdowne have home advantage over Garryowen.

A supporters coach has been arranged for Saturday's game, leaving Temple Hill at 9:15 AM

Munster Junior Cup Final

Cork Constitution F.C. V Richmond R. F.C.

Irish Independent Park

Sunday 29th April 2017 15.00 PM

The prestigious Munster Junior Challenge Cup consistently produces finals which guarantee intense effort and skill with a bit of high drama thrown in for good measure. Sunday's clash between Constitution and Richmond looks set to continue this tradition.

Cork Constitution, looking to win the cup for the 19th time, defeated Clonmel 22-3 at Temple Hill to book their place in the final.

Richmond defeated Kilfeacle 28-6 in the other semi-final. Richmond play a direct style of rugby and have a proven match winner in Tadhg Bennett who kicked two penalties and a conversion in their victory over Kilfeacle.

They are bound to cause problems for Constitution who will have to play accurate and clinical rugby if they are to prevail.

Volunteers Needed.

The Club are organising a number of activities centred around the Ed Sheeran Concerts on the 4th, 5th and 6th May.

See Map on page 3

To ensure that these activities run smoothly we are looking for Volunteers to help out at various times over the week-end. If you are interested please contact Der Riordan on 085 1049920



Dates for your Diary

Cork Constitution Summer Camp runs from 2nd – 6th July, 2018, 9.30am – 1.30pm Cost 80.00 euros per child per week. Application forms available on the Cork Con website and in Club House.

Annual General Meeting Wednesday 23 May 2018 at 8.00PM in the Club House.

Family Fun Day

Saturday 28th April 2018

10:30AM - 2:30pm in Temple Hill

Come and join us celebrate the close of another great season at the club.

Street League Finals day rugby from 10.30 to 2.30pm.

Once all the Rugby is finished at 12.30pm we start our fun activities on the main pitch which all the coaches will be involved in.

Fun and games including :-

- .. Rugby Rounders
- .. Crossbar Challenge
- .. Tug of War
- .. and an opportunity to throw a wet sponge at your most / least) favourite coach!!



There will be sweets and treats and Finger Food.

Please bring €4 per child to help toward new facilities at the CUH Children's Unit.

All donations from the Cork Constitution Family Day will go towards improving, upgrading and refurbishing the new Children's Unit at CUH.

On an annual basis, over 30,000 children attend the Children's Unit at CUH. Cork University Hospital is a specialist centre for children with a range of illnesses including Cystic Fibrosis, Diabetes and Epilepsy to name a few.

CUH Charity's aim is to raise a total of €1,500,000 to refurbish In-patient facilities in the Children's Unit and upgrade facilities that were first built in the 1970s.

The Charity hopes to replace the current outdated Children's Unit with a state-of-the-art facility to meet the medical and surgical needs for the children of the Greater Munster region and incorporate Paediatric Services in one single unit.

CUH Charity's goal is to transform our hospital into a single centre of excellence for Munster and give all children the services and care they truly deserve.

Cork Constitution is proud to be associated with this great cause.

Juvenile Director of Rugby letter to 2018 U13 Players

Boys and Parents,

This is a poignant time of the year as we again prepare to say goodbye to some of our players for a few years as many of them move to rugby schools.

We hope that one third of our U13 squad will continue to play rugby in Con and hopefully compete for Munster trophies at under 14, 16 and 18 level for the club. The balance will go to CBC and PBC, on-loan for a few years. We expect to see you all back here again in Templehill for U20 rugby in a short seven years' time! Cork Con is YOUR club now. For life.

You have all come a long way since, as six and seven year-olds, you started playing here in Con in the 2011/2012 season. Can any of you remember the old clubhouse? How many of you who started with us back then remember the names of your first coaches or remember training on the front corner of the main pitch?

If there is one message I would like to leave you with, it is this: please, please continue to play rugby and continue to enjoy this great sport. The benefits of playing are obvious and well understood: improving physical health, strengthening of character, learning how to both win and lose with dignity, understanding the need to show respect to opponents and referees and building friendships that will endure for life.

So now my question to you is this:

Are you going to be one of the guys who re-joins his U13 teammates and together wins the Fraser McMullen All-Ireland U20 trophy with Con in the 2024/25 season?

Are you one of the guys who will go the whole way and make a career out of rugby?

Will you play senior for Con and win a Bateman Cup?

Will you play for Munster? Ireland? The Lions?

Will all the others in the group say "I played with him at under age ... And I dumped him on his ass in the final of the Fred Casey tournament!?"

The only thing I can say with complete certainty is that, as of today, nobody knows who those guys will be. NOBODY. Ask Peter O'Mahony, ask Simon Zebo, ask Doug Howlett, ask ROG, ask Fred Casey ... It's not the most talented that make it; it's the ones with the greatest perseverance. So if you are ever in a situation over the next few years where you are contemplating giving up rugby ... DON'T. Put in another week, another training session, another season. Because you could be the guy who wears the Lions jersey on behalf of this year's U-13 squad.

Finally on a personal note, as I am finishing my term as Director of Juvenile Rugby, I would like to thank everyone for their support and assistance over the last 3 years and I would also like to extend my very best wishes to all children, parents and coaches for the future.

Enjoy your rugby ... and see you soon,

Des Murphy

Director of Juvenile Rugby

Constitution Win

South Junior 2 Cup Final

Cork Constitution defeated Bandon at Independent Park on last Thursday evening to claim the South Junior 2 Cup.



Constitution opened strongly on the pristine main pitch, and took the lead after 5 minutes when Kieran Kelleher was at the end of a driving maul to the line. The try was unconverted; Constitution led 5-0. Bandon were well in the game throughout the period, but there was no further score to half-time.

Bandon had a player sin-binned at the start of the second period, and before he returned Constitution pounced for a second try when Phillip O'Shea crossed in the 49th minute. Robin O'Flynn converted for 12-0.

Bandon continued to press for a score, and only a timely clearance by Gavin Fitzgerald saved the Constitution line on the hour. And it took Bandon until the final minutes before they finally crossed the line, when wing Andrew Willis scored. Luke Fleming converted for 12-7, but it was too little too late for the West Cork side.

The Cup was presented to Constitution captain, Cormac Fouhy, and medals to his team.

Cork Con Team:

Gavin Fitzgerald; Eoin Murphy, Simon Barry, Philip O'Shea, David Hayes; Robin O'Flynn, David King; Doug Abbott, James Tyner, Kieran Kelleher; Cormac Fouhy, Michael Coughlan; Robert Healy, James Murray, Ray O'Donoghue. Replacements: Darren O'Connell (2); Eoin Derham (8); Olan Murray (4,5); Keelan Daly (7); Mark Waters (9).



Cork Constitution has one of the finest facilities in Irish Rugby.

The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Fiona Burke on 021 4291960 or email: info@corkcon.ie to discuss your requirements and arrange to see the facilities.

Ed Sheeran Concert Parking

