



## Ulster Bank League Division 1A

### Cork Constitution F.C. V UCD R.F.C.

**Saturday 3 December 2016 14.30 PM**

On Saturday in Temple Hill Cork Constitution entertain U.C.D. R.F.C. in the Ulster Bank All Ireland League in the last series of games before the Christmas break.

Last week-end it proved to be another memorable visit to the capital for Cork Constitution as they ran out comprehensive 30-10 winners over Dublin University side at College Park. There was little to separate the teams during the first half, but a scoring blitz over the closing 40 minutes, which was capped off by an excellent individual try from Captain Niall Kenneally, moved Constitution up to third in the Division 1A table. Tomas Quinlan had another excellent game with a personal tally of 15 points.



Constitution have managed to string together a good run of results however a number of injuries throughout the course of last weeks game could hamper preparation for Saturday.

In bitterly cold conditions last Friday night UCD warmed their supporters with an impressive 23—11 victory over old Belvedere Teenage centre Tommy O'Brien crossed for the third try of his fledgling league career and young number 10 Ciaran Frawley also caught the eye, converting first half tries from flanker Jonny Guy and O'Brien and then kicking Belvo into submission with a hat-trick of second half penalties.

The game of the day sees Young Munster and Lansdowne going head to head in a top of the table clash at the Aviva Stadium. The Limerick side are two points behind Lansdowne in second place following their narrow defeat by Garryowen at Tom Clifford Park last time out.

### Match Day Information

Admission: €10 for adults, OAP & students €5.

Paid up members of Cork Constitution and all children under the age of 16 have free admission.

There will be limited car parking in Temple Hill on Saturday.

We request that patrons respect our neighbours by not parking on the double yellow lines outside local housing estates.

## Annual Business of Sport Lunch

At our annual business of sport lunch former all Black Captain and Sky Rugby Analyst Sean Fitzpatrick and our own Donal Lenihan entertained the large gathering with tales of their playing dates and their brilliant analysis of the current state of World Rugby. The biggest cheer of the day was when Sean congratulated Donal on Ireland's long over due win against the All Blacks in Chicago.

During the lunch a raffle for international tickets raised €4,500 for the Cork branch of the Society of Saint Vincent de Paul.

### Subscriptions

The executive would like to thank all the members who have already paid their membership subscriptions and would like to give a gentle reminder to those who have yet to pay as they are now overdue. The subscriptions are a vital part of running our club.

### Ulster Bank Your Club Your Country Draw

Please return the sold/un-sold 'Your Club Your Country' tickets & proceeds to Fiona in the club or to John O'Mahony by Monday at the latest.

## Santa Clause is coming to Con

17 December 2016



All family members welcome. Kiddies disco and entertainment. Coffee, minced pies and mulled wine for parents

Come and experience the Festive Season in Con, and enjoy our world famous MINCE PIES !!

### Christmas Quiz



This years Christmas Quiz Prize is generously sponsored by Brendan Hyde and will be presented to the winner after the St Stephens Day game against U.C.C. To win answer the following questions.



1. Who are the two people standing on a park bench.
2. Where was the photograph taken?

Entries by email only to [corkconnews@gmail.com](mailto:corkconnews@gmail.com) before 17 December 2016. First correct answer received is the winner.



## RISK OF RUGBY INJURY ?

DO YOU HAVE ADEQUATE INURANCE COVER?

Are you aware that IRFU Insurance policy is only for very serious injuries?

The Club policy top-up policy covers medical expense claims to a maximum of €625 less a €100 excess per injury, if not recoverable elsewhere. **Other costs are your own responsibility.**

Details of these policies are on the club website and notice boards

**Cork Constitution strongly recommends that all players and coaches have adequate health insurance to cover the risk of medical costs due to injury.**

### *BRIEF SUMMARY OF POLICIES*

#### *The club top-up policy*

##### GROUP PERSONAL ACCIDENT

Aviva Insurance Limited

COVER	Accidental Death or Bodily Injury sustained by the Insured Person(s) during the operative time.	
BENEFITS	Death occurring within 24 Months of Accident	€62,500
	Loss of One or more Limbs or Eyes	€62,500
	Loss of One Limb or One Eye	€31,250
	Permanent Total Disablement from usual occupation	€62,500
	Medical Expenses arising from Injury covered hereby	€625
	Fatal Collapse	€12,000
EXCESS:		€100

#### *The Irish Rugby Football Union policy*

##### COMPULSORY GROUP PERSONAL ACCIDENT SCHEME FOR CLUBS

BENEFITS	Benefits are only payable following an accident -	
(i) Death		€500,000
(ii) Loss of 2 Limbs and/or the loss of both eyes or 1 limb and 1 eye		€500,000
(iii) Loss of 1 limb or the loss of 1 eye		€250,000
(iv) Permanent Total Disablement		€650,000
(v) Severe injury involving loss of use of two legs and two arms	Additional	€850,000

***This is a brief summary of the benefits which are subject to certain restrictions. Full details are available on request from the club or on the IRFU website.***



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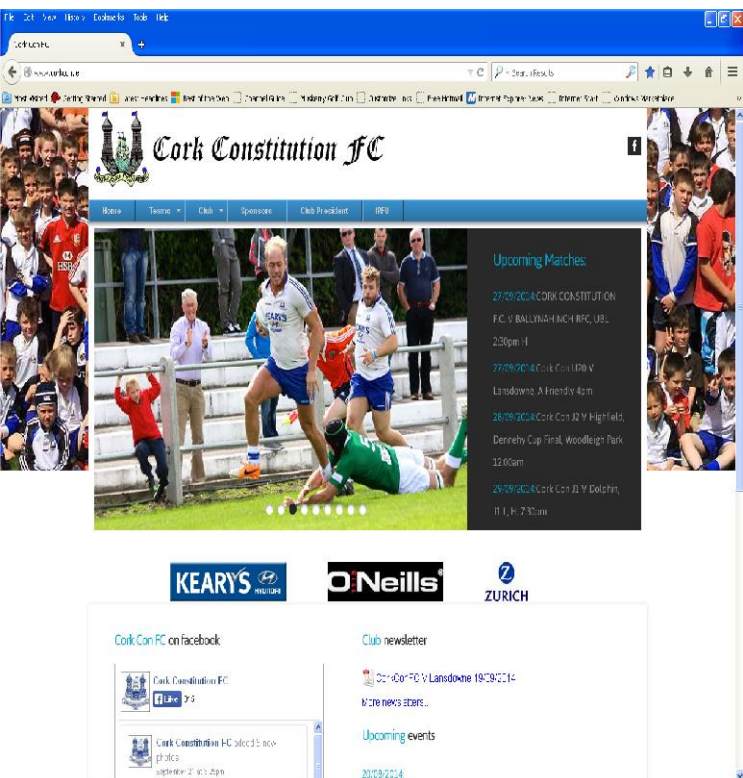


### Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.

If you are interested in becoming a Hoarding Sponsor please contact **Fiona Burke** at 021 4291960 or e-mail [info@corkcon.ie](mailto:info@corkcon.ie)

For the latest news & match reports visit [corkcon.ie](http://corkcon.ie) and Facebook.



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**Cork Constitution has one of the finest facilities in Irish Rugby.**

The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Fiona Burke on 021 4291960 or email: [info@corkcon.ie](mailto:info@corkcon.ie) to discuss your requirements and arrange to see the facilities.

### Jokes of the Week

A father and his son, Bobby, arrive at the local Rugby match and Dad can't find the tickets.

Dad: "Nip home and see if I left the tickets there."

Bobby: "No probs, Dad."

Half an hour later Bobby returns to his dad who is patiently waiting outside the stadium.

Bobby: "Yep, they're on the kitchen table where you left them."

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A man went to the doctor one day and said: "I've just been playing Rugby and when I got back I found that when I touched my legs, my arms, my head, my tummy and everywhere else, it really hurt."

So the doctor said: "You've broken your finger."

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Rugby player in Chinese restaurant:

"Waiter, these noodles are a bit crunchy."

Waiter: "That's because they're the chopsticks, sir."