



Ulster Bank League Division 1A

Cork Constitution F.C. V Young Munster R. F.C.

Saturday 24th September 2016 14.30 PM

Spectators are in for a treat at Templehill on Saturday when Cork Constitution host Young Munster in a mouth-watering all-Munster Division 1A fixture. We are pleased to welcome Young Munster's President, Tom McCoy and his committee members, team and supporters to Temple Hill. Just 5 months after the two sides last met in last seasons semi-final another close encounter is in the offing, it's two clubs with rich traditions, it's Cork versus Limerick, and it promises to be an intriguing tie.

Cork Constitution survived a late onslaught from hosts St. Mary's College to claim a deserved 20-16 win in their Ulster Bank League opener at Templeville Road.

Tries from Rob Jermyn, Liam O'Connell and Captain Niall Kenneally's had put 14 points between the sides at half time and although young out-half Sean Kearns inspired a determined fight-back from Mary's, they ultimately had to settle for a losing bonus point as Brian Hickey's men eventually prevailed thanks to a coolly-struck injury-time penalty from out-half Quinlan.

Last week Young Munster lost by the narrowest of margins to Old Belvedere in an enthralling contest at Greenfields, with former Cookies star Willie Staunton kicking 16 points for Belvo.

With a new head coach in Gearoid Prendergast Young Munster will be determined to put last weeks defeat behind them and return to winning ways.

Brian Hickey will be hoping that his charges will continue their early season form and reward the Temple Hill faithful with a home win

The game promises to be a tense affair and while supporters of both clubs may find the tension too much to handle it's definitely a game for neutrals to enjoy and savour.

Match Day Information

Admission: €10 for adults, OAP & students €5. Paid up members of Cork Constitution and all children under the age of 16 have free admission.

There will be limited car parking in Temple Hill on Saturday. We request that patrons respect our neighbours by not parking on the double yellow lines outside local housing estates

Dennehy Cup Final

Cork Constitution 19, Highfield 6

The Return Of An Old Friend

They say old friends are best and so it proved last Sunday as that 'old friend', the Dennehy Cup, returned to Temple Hill after an absence of a few years.



Cork Constitution prevailed over Highfield in a great game despite being played in wet conditions at the traditional home of the Dennehy Cup final in Woodleigh Park. The decision to return the competition to the original format involving the city clubs proved the correct one as the competition was played and completed in the month of September.

The victory proved all the sweeter for Con as they defeated a very good Highfield team that had dominated at J2 level for the last three years. This year's final for Con followed a hard fought and late win over Dolphin in a semifinal that seesawed back and forth until a kick from the touchline by Simon Barry gave the victory to Con in injury time - a kick that was aptly described by Stan Waldron at the time as 'historic'.

The final itself saw some excellent rugby played by both Highfield and Con. Con's mix of older players and new recruits from last year's schools sides and most importantly from Con's last year's U18 side proved a potent mix as they outscored Highfield by three tries to nil. The first scored by Billy Pope following a sniping run from a ruck, the second scored by Harry Murphy with a clean break through the centre and the last scored by Barry Galvin showing his pace as he outran the Highfield cover to kick ahead and follow up to touch down and ensure victory. Simon Barry kicked two conversions as Con ran out 19 points to 6 winners.

Cormac Fouhy accepted the cup on behalf of his team from the Dennehy family. Highfield's president, Gus O'Mahony thanked both teams and both teams and supporters enjoyed the customary hospitality in the Highfield clubhouse.



Cork Constitution F.C. Matchzine

Canadian Adventure



This year as part of the pre-season preparations for the forthcoming season and the 125-year anniversary of the clubs founding Cork Constitution embarked on a Tour of the Canadian provinces of Newfoundland and Ontario. The team left Cork on the 25th of August bound for their first stop in St. Johns , Newfoundland.

The first game was played on Friday the 26th against the Swilers RFC. It was a shaky start for the Con outfit as fatigue from the journey, jet lag, dehydration plus the addition of new faces into the team made for an error count that slowed the pace of the game. Anytime Constitution would string good play together and get a score errors would allow the Swilers back into the game and keep within one score. The Game ended with a narrow win for Con 29-19. The squad remained in St. Johns until the Sunday (28th) Where they enjoyed the hospitality of the home club and all of the bars and restaurants that this small fishing town had to offer.

The second leg of the tour began on Sunday (28th) with the Tour group moving on to Montreal. With a new province came a new challenge in the Ontario Blues the national champions from the previous season. This game was a lot different from the first with a much higher standard of rugby on display. The Con men where held out by the blues for the opening 30 mins of the game with the only score yielded a 3 pointer. The blues struck back quickly though and managed to stretch the Con men enough to break through the middle for a try under the posts. It wasn't until the second half that Con managed to clock there second score with an individual try from the halfway line when speedy winger Rob Jermyn broke free to score under the sticks. The Blues came back again though and after a heroic 20-minute try line defence from Con, which saw the sin binning's of both Sonny Dwyer and Greg Roach, resulted in another try for the home side.

Blues missed the conversion leaving the door open at 12-10. With only 5 minutes on the clock Con gathered what strength and energy they had left and made a surge into the blues half getting as far as the 5-meter line but where halted there in a stalemate of tight forward play until blues gifted Con a penalty just to the left of the posts. Unfortunately, it was not to be Cons day with the resulting kick glancing off the post and wide.

The spirits of the touring group were not dampened for too long however as they had 3 days and nights left to explore both the English and French speaking parts of Montreal. Fine dining on Saint Lauren street followed by the party atmosphere on Crescent street. Both just a couple of blocks from the team Hotel. A special mention must go to Club Captain Niall Kenneally for arranging the spacious air-conditioned hotel ball room to be made available for the traditional end of tour Kangaroo Court.

The tour was a massive success overall bringing the alickadoo's and younger generation of the club together and also integrating new players into the squad for the coming season.

Conor Kindregan Cork Constitution Vice Captain

Donal Walsh Memorial Cup Final

Cork Constitution 21 Young Munster 7

Cork Constitution and Young Munster played the final of the 2015/16 Donal Walsh Trophy at Tralee Rugby Club last Saturday. Constitution won a decisive victory, and have thus added the Munster title to the All-Ireland title won in April.

The Trophy final was being played in Tralee Rugby Club as Donal Walsh was a member of the club and a keen rugby supporter. In a well-contested match, Eoin Lacey had two first half penalties to give Constitution a 6-0 half-time lead. And in the 45th minute Lacey added the extras to a try by Robert Hyde for 13-0. Young Munster hit back with a converted try. However, Constitution ensured victory with a try by Barry Pope and a late penalty by Lacey.

Cork Con Team:

G.Brooks; S.Leahy, T.Treacy, H.Murphy, S.Murphy; E.Lacey, B.Pope; D.Coughlan, G.Good, J.Ho; C.Murphy, C.Maher; K.Daly, R.O'Neill, S.O'Leary. Replacements: C.Daly, J.Cronin, R.Hyde, K.Cuthbert, C.O'Brien, P.O'Riordan, S.Gray.



Cork Constitution F.C. Matchzine

WELCOME BACK TO
FOR SEASON 2016/17

Dear Parent,

The new rugby season is upon us and we are all looking forward to seeing the large number of under-age players out in force on Saturday mornings. We are especially glad to invite all members to come in and enjoy the excellent facilities of our clubhouse.

Our objective, in the juvenile section of the club, is to promote the game of rugby in a safe and enjoyable manner, ensuring broad participation and inclusion. Our ethos is to apply the code of "players first and then winning".

In keeping with this principle, Cork Con's juvenile teams are not involved in any structured competitions, thereby allowing coaches to concentrate on teaching our juvenile members the skills of rugby football and most importantly, on having fun. At juvenile level the teams are selected specifically to ensure that all players get equal opportunity to play.

We encourage parents to get involved and participate in the various club activities during the year. The club is run on a spirit of volunteerism and your help and participation – be it driving to away fixtures, making sandwiches or cheering-on from the sidelines – is most welcome and actively encouraged.

This September, we are especially encouraging new members to come in and enjoy the excellent facilities of our clubhouse. During training on Saturday mornings we will be providing newspapers in the bar and you may wish to enjoy a tea/coffee with a scone while your son trains. It is your club, so come in and feel at home.

We also encourage participation in other sports outside of rugby. Should this coincide with our training times in Cork Con, we hope you don't feel compelled to choose one over another. We would prefer your son to play as many sports as they wish and that they always feel they are members of Cork Con regardless.

Our focus is to ensure our players enjoy their time in Cork Con and we do not want your son to feel under pressure or obligation to attend training or games. If you have an issue in this regard please speak to your son's coach who will be glad to help.

Please ensure that you give us a correct and active e-mail contact as all communications from the coaches regarding training times, match squads, fixtures, trips to AIL games, etc. will be relayed to you, the parents, via e-mail.

Finally, should you have suggestions as to how we could improve anything in our Juvenile section we would be grateful of your feedback. Thank you for your continued support,

Des Murphy Director of Juvenile Rugby

Absent Friends

As we look forward to our first home Ulster Bank League game of the season it is with sadness that we remember stalwarts of Cork Constitution F.C. who sadly passed away since our last home game.

Archie O Leary. Father of our Deputy President Anthony, was a life-long member, fulfilling every role within the club. He played for Munster on fourteen occasions in the period 1949-55. He was Club Captain 1951-52, and also won three caps for Ireland in that season. He was Club President 1973-74, and served as a Club Trustee for many years. An accomplished business man, his other sporting interests extended to sailing and, in more recent years, horse racing.

Peter Barry A man of great integrity who, following in his family tradition, was deeply committed to public service. Peter Barry was a hugely respected figure in Cork, throughout Ireland and further afield. This respect was a deserved tribute to Peter's dedication to public service as a former Lord Mayor, Dáil deputy, as Minister for Foreign Affairs and for his invaluable work in the Peace Process including the Anglo Irish Agreement. Peter won a Munster Junior Cup winners medal with the 1951 Cork Constitution team captained by Charlie Connolly. He was a life time supporter of Cork Constitution and he took great pride in watching his grandson's playing in the Constitution colours.

Peter Fitzgerald. Captain of the first Cork Constitution team to win the Munster Junior Cup in 1949. And while that was his main claim to fame as a player with the club, over more recent years, his visits to Cork were occasions when he recalled the lifelong friendships established in those early years as a young bank official in his adopted city. He rarely missed a Cork Constitution match in Belfast or Ballymena, when he was keen to catch up on the current club news and was a regular at the annual President's & Captain's Dinner.

On behalf of the executive and members of Cork Constitution I would like to extend sincere condolences to their families.

Ar dheis Dé go raibh a anam dilís.

Jerry Holland President Cork Constitution F.C.

WHEN YOU TRULY LOVE YOUR HOME, YOU PROTECT IT IN THE BEST WAY.

Don't just get house insurance, get Zurich Home Insurance.

Call us in Wexford on 1890 400 150, get a quote at zurichinsurance.ie or talk to your broker.



ZURICH INSURANCE. FOR THOSE WHO TRULY LOVE.

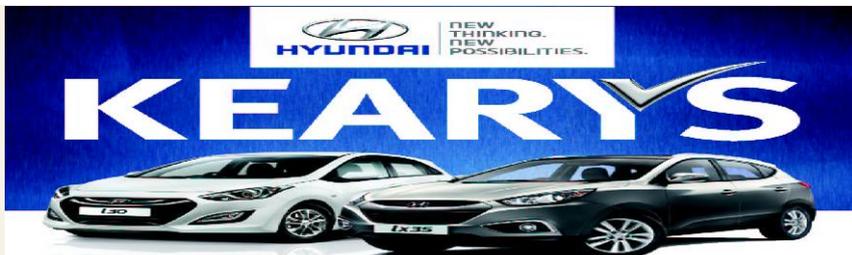
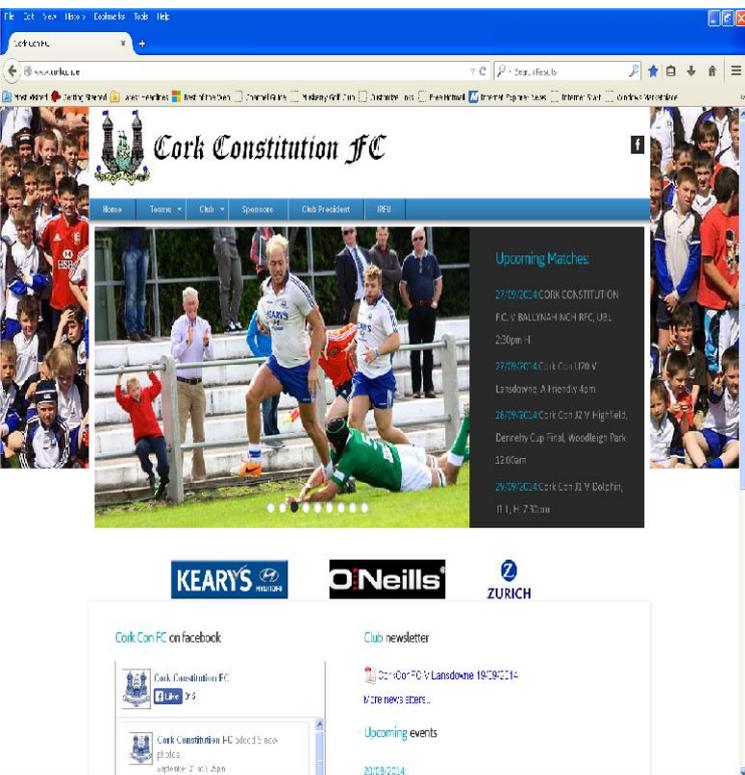


Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.

If you are interested in becoming a Hoarding Sponsor please contact **Fiona Burke** at 021 4291960 or e-mail info@corkcon.ie

For the latest news & match reports visit corkcon.ie and Facebook.



DRIVE DOWN TO KEARYS FOR A GREAT DEAL!

We're proud sponsors of Cork Constitution Football Club.

KEARYS HYUNDAI CORK

Kinsale Road Roundabout, Cork
Telephone: 021 4929 800



Cork Constitution has one of the finest facilities in Irish Rugby.

The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Fiona Burke on 021 4291960 or email: info@corkcon.ie to discuss your requirements and arrange to see the facilities.

An Irish rugby fan is touring America on holiday and stops in a remote bar in the hills of Montana. He's chatting to the barman when he sees an old native American sitting in a corner-complete with full tribal gear, long plaits and wrinkles.

'Who's he?' enquires the fan.

'That's the Memory Man,' responds the barman. 'He knows everything. He can remember any sporting fact. Go and try him out.'

So the fan wanders over and asks, 'Who won the Grand Slam in 2009'

'Ireland' replies the Memory Man.

The Irish man is flabbergasted.

'Who kicked the winning dropped goal against Wales?'

Cork Con's Ronan O'Gara is the reply.' And the score?'

'17-15'

The Irish man returns home and regales his relatives and friends with his tale, and he's determined to return and pay his respects to this amazing man.

Ten years later he has saved enough money and returns to America. After weeks of searching through the towns of Montana, he steps forward, bows and greets the old man in his traditional native tongue, 'How.'

The Memory Man squints and says: 'right-footed kick 35-yards out, the centre of the field.'