

Cork Constitution F.C. Matchzine



BANK OF IRELAND MUNSTER SENIOR CUP FINAL

Cork Constitution F.C. V Young Munster R.F.C

Thomond Park Saturday 14 May 2016 K.O. 2:30 PM

On Saturday the major club competition in Munster reaches a fitting conclusion at Thomond Park when the two of its oldest contestants meet to decide on the fate of this famous trophy for this season.

Cork Constitution became the first club to claim a historic 4 in a row Bateman Cup title with a 38-19 win over Galwegians at Crowley Park and are now seeking a first four in a row Munster Senior Cups.

Club Captain James Ryan acknowledged that the Munster Senior Cup is a very special trophy for Constitution and it would be a fantastic achievement to win it four years in a row.

Young Munster defeated their Limerick rivals Old Crescent 29-14 to book their place in the Munster final, a feat they last achieved in 2010 under the captaincy of Ger Slattery, who also captains this year's squad.

Young Munster will no doubt be seeking revenge for their disappointing loss to Cork Constitution in the All Ireland league semi final, which has set up a mouth-watering encounter on Saturday.

Cork Constitution Senior Club of the Year

Constitution will be announced as Munster Senior Club of the year at this year's Munster Rugby Awards which take place at a lunchtime event on Friday May 13th at the Clayton Hotel Silver Springs in Cork with the Irish Independent sponsoring the award for the fourth year running.

The winner of the Club of the Year Award is selected by the Munster Domestic Rugby department and the Munster Senior Clubs sub-committee of the Domestic Game Committee using the IRFU Clubs Support Scheme criteria as follows:

- Player/Child Welfare compliancy & all Medical protocols
- Player registration compliancy
- Coach Education compliancy

- Player & Game Development compliancy
- Strength & Conditioning compliancy
- Facilities Development
- Referee Development

Cork Constitution Under 16's

win South Munster Plate



On Sunday the 24th of April the Constitution Under 16 team made their own piece of history by beating a very strong Mal-low side by 20 points to 15 at the Pres grounds in Wilton, in the U 16 Plate. The win was manufactured with 3 excellently taken tries a conversion and a penalty.

The effort and commitment of this squad was well rewarded at the tail end of the season as they had also reached the quarter final of the Pan Munster competition earlier. This hard working team also reached the quarter final of the A cup and A league losing out only to the eventual winners.

It has been many years since the U 16s had won silver ware so well done to everyone involved.

Under 16 Team,

John Canny, David Carroll, Cormac Collins, David Coughlan, Brian Cronin, Conor Cronin, Darren Cullen, David Cullen, Charlie Glavin, David Grace, Patrick Hegarty, Caleb Hepi, Luke Humphreys, Matthew Jennings, Danny Johnson, Conor Lavin, Rory Lee, Jack Lester, Robert Lyons, Gary Madden, Conor Morrissey, Thomas Murphy, Ben Norton, Daniel O Leary, Ryan O Leary, Alex o Mahony, Luke O Mahony, Shane Scanlon.

U16 Coaches Coaches. Matthew Kearney, Donal Johnson, Stephen Knoop, Lima Norton, Ray Clarke & Noel Humphreys



Best of Luck in the Munster Senior Cup
Final from all in Keary's Hyundai.

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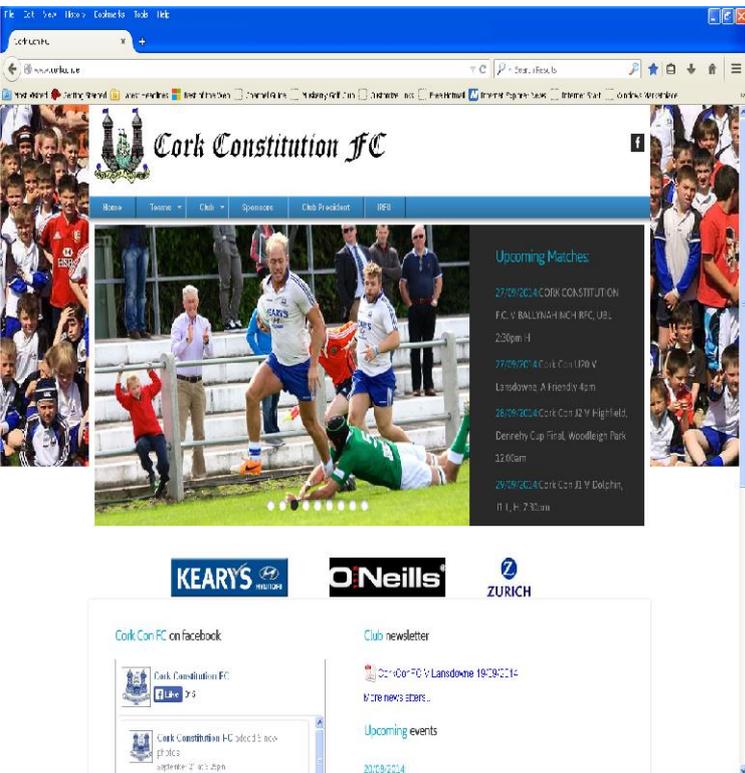
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Cork Constitution has one of the finest facilities in Irish Rugby.



The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Fiona Burke on 021 4291960 or email: info@corkcon.ie to discuss your requirements and arrange to see the facilities.

Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.

If you are interested in becoming a Hoarding Sponsor please contact Fiona Burke at 021 4291960 or e-mail info@corkcon.ie

Christmas Golf Outing

The postponed Cork Con 2015 Christmas Golf Outing will be held on **Thursday 23 June 2016** at Douglas Golf Club.

Tee reserved 15:30 to 17:00 Hrs. Format to be decided.



The timesheet for the outing will be posted in the Club House in early June.

Entries will also be taken by E-mail to corkcon-golf@gmail.com,

Golf Joke

A young man with a few hours to spare one afternoon figures that if he hurries and plays very fast, he can get in nine holes before he has to head home.

As he is about to tee off, an old gentleman shuffles onto the tee and asks if he can join him. Although worried this will slow him up, the younger man says, "Of course."

To his surprise, the old man plays quickly. He doesn't hit the ball very far, but it goes straight. Furthermore, the old man moves along without wasting any time.

When they reach the ninth fairway, the young man is facing a tough shot. A large pine tree sits in front of his ball, directly between it and the green.

After several minutes pondering how to hit the shot, the old man says, "You know, when I was your age, I'd hit the ball right over that tree." With the challenge before him, the young man swings hard, hits the ball, watches it fly into the branches, rattle around, and land with a thud a foot from where it had started.

"Of course," says the old man, "when I was your age, that tree was only three feet tall."