



Munster Senior Cup Final

Cork Constitution FC v Garryowen FC

Irish Independent Park

Saturday 24th January 2015 K.O 16:00

On Saturday the major club competition in Munster reaches a fitting conclusion at Irish Independent Park (Musgrave Park) , when the two oldest contestants meet once again to decide on the fate of the trophy for this season.

Constitution are bidding for three Munster Senior Cups in a row , the last time the club accomplished this feat was in 1906/1907. That final was also against Garryowen and went to a replay before Constitution prevailed 16-3 at the Market's Field.

Constitution Captain Gerry Hurley , who also won a Senior Cup with Garryowen, is hoping to make history as the first Cork Constitution player to captain 3 victorious Munster Senior Cup winning teams.

The final has added significance as the winners will progress to the semi-finals of the Bateman Cup of which Constitution are the holders.

Garryowen have won the Cup on a record 38 occasions, while last season Constitution won their 25th title in a most dramatic, if not controversial, final at Thomond Park.

On that occasion, with Constitution leading 6-3 from two Darragh Lyons penalties, Constitution had a player sin-binned in the 78th minute, and Garryowen equalised from the resultant penalty to send the game into extra time.

And on a freezing cold night that was the last thing anybody needed. Then in the final minutes of the 20 minutes of extra time, it fell to Constitution's Chris Quinn to line up a very difficult penalty attempt from 30 metres on the left, and as his kick split the uprights, Constitution could celebrate the spoils of a very hard-fought victory.

The clubs have met in fifteen Munster Senior Cup finals; Constitution have won nine of those, to Garryowen's six. While in all Cup meetings, Constitution have won 22 games, while Garryowen just hold sway with 23 wins.

Those heading to the game will get a first glimpse of the €3.2m redevelopment project undertaken by Munster Rugby which is due for completion in the coming weeks.

The overall capacity of Irish Independent Park (formerly Musgrave Park) has increased to 9,500 through the construction of a new West Stand seating 3,500 and comes complete with new catering, shop and function facilities. With financial support from the Munster Rugby Supporters Club, the East Terrace has also been covered from end-line to end-line.

Paths to the Final

Constitution defeated	Sundays Well 34-8
	Bruff 30-8
	Young Munster 28-16
Garryowen defeated	Nenagh Ormonde 20-18
	Cashel 31-14
	UL-Bohemian 23-3

ALL Pre-Match Lunches

Tony Roche is pleased to announce that he has arranged very popular , entertaining and thought provoking speakers as well as experts in their own fields for the forthcoming ALL Pre Match Lunches.

The speaker for the Cork **Constitution V St Marys Game** on 31 January 2015 is **Br Denis Hooper OSB**.

Denis is a Benedictine Monk and is renowned as a very humorous speaker. He was educated in St. Marys College Rathmines, Bolton Street in Dublin and St. Patricks College Maynooth. He played for Leinster Schools in 1973 and Leinster Under 19's in 1974. After graduating from Maynooth Denis played with St. Marys RFC from 1974 to 1980 when he retired through injury. He is currently based in Glenstal Abbey in Limerick where he was headmaster from 2002 to 2009. He is a widely respected coach and has coached various Glenstal teams including Senior Cup teams and Munster A schools and is presently manager of the Junior Cup Team.

The cost of the lunch including admission to the game is €25

FOR BOOKINGS PLEASE CONTACT DON O RIORDAN 087 2580223 FRANK O CONNOR 087 2691212 ROSS O DOWLING 087 2195851 JOHN O MAHONY 086 1695584 BRIAN FITZGERALD 087 6799465

Captains and Presidents Dinner

Temple Hill Saturday 21st February 2015



Unpaid Subscriptions

Members are the life blood of our club and our excellent modern facilities are there for our members enjoyment.

It is very important that we continue to collect our subscriptions to assist in the running of the clubs activities.

Therefore I would be much obliged if all members who have not paid their subscription for the 2014/2015 season forward their subscription to the club at their earliest convenience.

As per the rules of the Club a list of members whose subscriptions remain unpaid will shortly be placed on the notice board in the Club House.

Peter O'Leary	Don O'Riordan
President	Membership Chairman



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For the latest news & match reports visit corkcon.ie and Facebook.



Cork Constitution has one of the finest facilities in Irish Rugby.

The club benefits from 3 bars and our facilities are ideal for all sorts of functions including Parties, Weddings, Funerals and Corporate team building days.

If you are holding a function why not consider using your own Club House, you won't regret it!

Call Fiona Burke on 021 4291960 or email: info@corkcon.ie to discuss your requirements and arrange to see the facilities.



Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.

If you are interested in becoming a Hoarding Sponsor please contact Fiona Burke at 021 4291960 or e-mail info@corkcon.ie

Cork Constitution F.C.

Present

Strictly Can Dancing

Rochestown Park Hotel
Friday March 13th 2015
Doors 6.30pm

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Declan McGinn 087-2615885

VIPR - Core Strength & Tone

2014 SCHEDULE @ CORK CONSTITUTION RUGBY CLUB

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30 - 10.30am	9.30 - 10.30am	9.30 - 10.30am	9.30 - 10.30am	9.30 - 10.30am	9.30 - 10.30am	9.30 - 10.30am
10.30 - 11.30am		10.30 - 11.30am		10.30 - 11.30am		10.30 - 11.30am
6.30 - 7.30pm	6.30 - 7.30pm	6.30 - 7.30pm	6.30 - 7.30pm	6.30 - 7.30pm	6.30 - 7.30pm	
7.30 - 8.30pm	7.30 - 8.30pm	7.30 - 8.30pm	7.30 - 8.30pm			

3 classes per week @€20

Each class is 1 hour in duration €8 per class - pay as you go (or book 6 classes @ €45).

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Lesley Giltinan
Personal Trainer
National Qualification in Exercise, Health Studies and Personal Training
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