



Cork Constitution F.C.

Matchzine



Ulster Bank AIL League

Cork Constitution V St Mary's College R.F.C.

Templehill 2.30pm Saturday 19th April 2014

Cork Constitution will welcome St Mary's college RFC to Temple Hill on Saturday for the return Ulster Bank League tie. We are pleased to welcome St Mary's College President, Steve Hennessey together with his committee members, team and supporters to Temple Hill

Constitution won the last outing against St Mary's College in Dublin on a 22-18 score-line. It was an important win for Constitution ending a run of three successive defeats. But since then, they have won the Munster Senior Cup with a hard-earned 9-6 win over Garryowen at Thomond Park, which will give the team renewed confidence as they now the Bateman Cup Final to look forward to.

It is very likely that Constitution supporters will be outnumbered on Saturday as St Mary's are bring 200 U 10'S players and supporters to Temple Hill on Saturday.

Elsewhere in the Ulster Bank League old Belvedere after their 21 -5 defeat of Dolphin 21-15 are two points clear at the summit, and a final win of the campaign in Limerick against Garryowen would see them crowned champions. Second place Clontarf know that all they can do now is get the best result possible at home to second-from-bottom Ballynahinch and hope that 'Belvo slip up. At the bottom of the table Garryowen are regulated and Young Munster, Dolphin and Ballynahinch are looking to avoid a relegation playoff against Buccaneers who finished runners up in Division 1B

Stan Waldron

Under-20s win Fraser McMullen Cup

The Cork Constitution Under-20s won the Fraser McMullen Cup for the first time in the club's history as they came from behind to beat Terenure College 12-7 at Clonmel RFC on Saturday.



Out-half Tomas Quinlan celebrated his call-up to the Ireland Under-19 squad by kicking all of Cork Constitution's points in their hard-earned win.

Quinlan and his team-mates showed great resolve to overcome the concession of an early converted try and go on to be crowned All-Ireland Under-20 champions.

Terenure College are a highly rated outfit and came into this national decider having beaten Bruff and UCD in the knockout stages.

The Dubliners took an early 7-0 lead when left winger Tom O'Brien scored a superb try, finishing off a fine back-line move that started from a lineout maul on halfway. Stephen O'Neill added the conversion.



Constitution were unlucky to miss out on a try almost immediately - an infringement was spotted by referee Oisin Quinn - but two well-struck penalties by Quinlan in the 8th and 15th minutes helped to settle his side.

And although both teams missed further penalty chances before the break, the game was set for an engrossing second half tussle.

Cork Con had a definite advantage throughout in the scrum where Aidan Slattery and current Ireland Under-20 internationals Max Abbott and Rory Burke were to the fore. And in the lineout, the Munster youngsters were not found wanting where Gavin Mullins and Darragh Moloney benefited from the accurate throwing of influential hooker Abbott.

Sonny Dwyer, together with David Hurley and Eddie Beechinor, completed the winners' fine forward unit that competed well at every phase. Quinlan kicked a 50th minute penalty to give Cork Con the lead for the first time. He missed with a drop goal attempt five minute later, but closed out the game with his fourth successful penalty on 70 minutes.



Terenure's sharp backs division threatened on a number of occasions in what was a very entertaining encounter. However, they were met by a well-organised defence as 'Nure's first Fraser McMullen Cup final appearance ended in a narrow defeat.

Cork Con had two class acts in match winner Quinlan and Ryan Foley, who captained the team from scrum half. The half-back duo kept the Constitution forwards on the right path, maintaining the momentum at crucial periods and varied the game perfectly for their side.

Congratulations to all involved at Temple Hill in the historic cup success, including coaches Brian Walsh and Paul McCarthy, and members of the management team, Ralph Keyes, Don Mullins, Brian O'Hara and Colin Kilbride.



U 8 News

Cork Con U8s had two teams competing in a major end of season blitz hosted by Muskerry RFC at Inniscarra Community Centre.



There was a huge amount of organisation involved and everything went to plan with the lads coming away with full bellies, medals and goodie bags.



The Con lads played very well with both teams unbeaten in each of their 3 matches against teams from Kanturk, Highfield, Sundays Well, Fermoy and Tralee. The recent work on passing and rucking was obvious as a big improvement was seen on the day.

The lads showed real resilience in the Fermoy match where a 3 try deficit at half time was turned around to a 5-3 try victory thanks to some great running by James Ryan and Harry Murphy.

Former Munster and Ireland hooker Frankie Sheehan refereed the games in his own inimitable style!



Cork Constitution Rugby Summer Camp 2014

Course Fees:

€100 per child per week.

Family Discount

1st Child €100

2nd & subsequent child is €90 each.

Receipts will be sent with a course information letter prior to summer camp.

Dates

Monday, 30th June - Friday, 4th July 2014.

Contact us:

Cork Constitution F.C.

Telephone: 021 4291960

Postal Address:

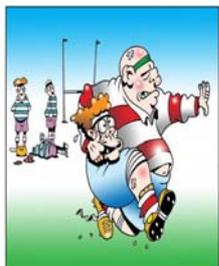
Cork Constitution F.C., Temple Hill,
Ballintemple, Cork.

Copy of application form available on website
www.corkcon.ie

The Rugby world according to Jerry Murray

(ex Cork Con and Munster second Row)

It is largely unknown to players and followers of the modern game that rugby started off purely as a contest for forwards in opposition in line-outs, scrums, rucks and mauls. This pitted eight men of statuesque physique, supreme fitness and superior intelligence in packs against one another.



In those days, the winner was the pack that won the most set pieces. The debasement of the game began when backs were introduced. This occurred because a major problem was where to locate the next scrum or line-out. Selecting positions on the ground for these had become a constant source of friction and even violence.

The problem was resolved by employing forward rejects, men of small stature and limited intelligence, to run aimlessly around within the field of play. Following a set piece, the ball would be thrown to one of them, who would establish the next location either by dropping it or by throwing it to another reject for dropping.



Very occasionally, a third reject would receive the ball before it would be dropped, and crowds would wildly cheer on these rare occasions. Initially these additional players were entirely disorganized but with the passing of time they adopted set positions.

For instance, take the scrum half. He was usually one of the smallest and least intelligent of the backs whose role was simply to accept the ball from a forward and to pass it on to one of the other rejects who would drop it, providing the new location for the forwards to compete



The out half plays next to the scrum half and his role is essentially the same except that when pressured, he usually panics and kicks the ball. Normally, he is somewhat taller, slightly better built and thinks he is better looking than the scrum half.



The centres were opportunists who had no expertise but wanted to share in the glamour associated with forward packs. After repeated supplication to the forwards for a role in the game they would be told to get out in the middle of the field and wait for instructions. Thus, when asked where they played, they would reply "in the centre".



And they remain to this day, parasites and scroungers who mostly work as lawyers or used car dealers.

The fact that the game was organised so that the wingers didn't get to touch the ball led to an incessant flow of complaints from them and eventually the apt description "whingers" was applied. Even though the "h" dropped off over the years, the whingeing itself unfortunately has not.

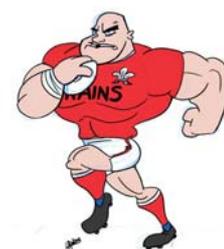
You may ask, why wingers? The answer is simple. Because these were players who had very little ability and were the lowest in the backline pecking order, they were placed as far away from the ball as possible.



Consequently, and because the inside backs were so diligent in their assigned role of dropping the ball whenever they received it, the main contribution to the game made by the winger was not to get involved. Their instructions were to run away as quickly as possible whenever trouble appeared, and to avoid tackles at all costs.

Lastly, the full-back. This was the position given to the worst handler, the person least able to accept or pass the ball, someone who was always in the way. The name arose because the forwards would understandably become infuriated by the poor play invariably demonstrated by that person, and call out "send that fool back". He would then be relegated well out of everyone's way to the rear of the field.

So there you have it. Let's return to the glory days of a contest between two packs of eight men of statuesque physique, supreme fitness and superior intelligence. The rest can go off to where they will be happier, playing soccer.



Regards,

Yours in Rugby

Jerry

Golf News

Club AM AM

The Cork Constitution Annual Fund Raising AM AM originally scheduled for **Friday April 25** at **Douglas Golf Club** has been deferred to September .



Match Day Parking

There is limited parking in Temple Hill on match days. We request that match patrons respect our neighbours by not parking on the double yellow lines outside local housing estates as this causes a traffic hazard.

Cork Constitution Football Club Concession Scheme

| Name | Location | Offer Details |
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The Elysian, Eglington Street,
Cork City Centre



* A referral letter from a medical professional will be required

Cork Constitution FC Shop



The shop stocks Cork Con Club Jerseys, Shorts, Socks, Hoodies, etc supplied by O'Neill's Sportswear and 4ORM.

Saturday 09:45 AM to 12:30 PM

AIL Match Days 09:45 AM to 13:30 PM

Credit Card facilities available

Club Members can avail of a 10% discount when purchasing with Membership Card.

If you have any news item , event details or article you would like published The Cork Constitution or Matchzine please forward to Pat Twomey at

corkconnews@gmail.com

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Page 4



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