



Ulster Bank
Help for what matters

BARRY'S
TEA

Matchzine

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Ulster Bank All Ireland League

Cork Constitution F.C. V Dolphin R. F.C.

Temple Hill 7.30pm 9th November 2012

A warm welcome to all our visitors to Temple Hill for Friday Nights **Ulster Bank** League game with **Dolphin RFC**. We extend a special welcome to **Dolphin** President, John Sylvester, his committee, players and supporters.

Barrys Tea are the Match Sponsors for Friday nights match.

It is **Constitution's** first Ulster Bank League game under lights this season, and everybody is looking forward to a very special event. Last season's matches with **Dolphin** were very exciting, and both went down to the wire. At Musgrave Park in November, **Constitution** ran out winners 17-10. And in the return fixture at Temple Hill in March, **Constitution** came from 5-22 down to outscore **Dolphin** by a point, finishing 29-28 winners.

Since the advent of the All Ireland League there have been 11 league matches between the clubs. The record stands, at nine wins for **Constitution** and two for **Dolphin**. However, the margins have often been very close. In the most recent game in September, **Constitution** won the Munster Senior Cup game between the sides by a wide margin, it will surely be closer this evening.

Constitution won their last home Ulster Bank League game with a gritty performance against **Young Munster**. A late try by Ivan Dineen and conversion by Johnny Holland produced a one-point victory. Then last Saturday against **Lansdowne**, the team came from 8-22 down to secure victory with three second half tries and a late late penalty once again by Johnny Holland.

Dolphin are above **Constitution** in the Ulster Bank Table and are full of confidence after their two convincing bonus point victories over **Shannon** and **St Mary's**.

The '**Friday Night Lights**' fixtures are hugely popular and we are hoping for a large crowd for what should be a very entertaining game as two of the fiercest rivals in Irish Club rugby battle for local bragging rights.

Off the pitch the ladies of both **Constitution** and **Dolphin** have pooled their resources to organise a fundraising event for **Enable Ireland**. The committee from both clubs have been working with local businesses to fund raise around this upcoming fixture and 160 ladies from both clubs are expected in our new clubhouse for a pre match ladies tea before the rugby takes centre stage.

Stan Waldron

Cork Constitution F.C. V Old Belvedere. F.C.

Anglesea Rd 17TH November 2012

Supporters Coach

Next Saturday, Constitution will make their second trip of the season to Dublin for the Ulster Bank League game against **Old Belvedere** at Anglesea Rd , Dublin 4.



There is a Supporters Coach arranged which will depart Temple Hill at 9.00am; Old Belvedere's pre-match lunch is at 12.30pm; and the coach will return to Temple Hill for 8.00pm. Contact the Club Office to reserve places for the coach, and the lunch which is optional.

Aspirin will be provided for those who attended the Minor Dinner the night before

Josh Clarke



One of the ball boys for Friday nights game is Josh Clarke, who plays with the U13s in Con. Josh has been playing in Con since the U7 level - generally in the centre.

Friday is Josh's **birthday** ... So if you see him at the side of the pitch tonight please give him a cheer.

Peter & Simon to start for Ireland V South Africa



Congratulations to **Peter O'Mahony** and **Simon Zebo** who have been named in the starting fifteen for Ireland V South Africa.

We also extend our best wishes to Donncha O'Callaghan and Ronan O'Gara who are also in the match day panel.

Restricted Parking

Please note there is **Restricted Parking** in Temple Hill on Match Days. We request that match patrons respect our neighbours by not parking on the double yellow lines outside local housing estates

RECONSTRUCTED , REVIITALISED AND READY FOR BUSINESS



The first time I set foot on the Constitution Football Club premises (a few decades ago) was to dance to the music of Joe Hayes and his large accordion.

The Club House remained more or less the same from then until now.



On Friday 26th, Oct 2012, I made my first visit to the new Club House. A metamorphosis has taken place to that premises.

The new Club House has an entrance hallway which is bright, spacious and enhanced by the blue/white/grey colour scheme. Continuing to the public bar, members's bar and large meeting hall the ambience is one of comfort and welcome. On the night there was a great "buzz" as a considerable number of people attended to support a Cheese and Wine event.

The selection of wine and cheese enticed everybody to partake and as the night went on the "buzz" got louder and old friends met, some of them for the first time in a long time, which added to the merriment and pleasure.

The President Finian O'Driscoll gave a welcoming speech and hinted that there may be more events of this nature in the future. Hopefully there will be, since enjoyable socials add greatly to the life and soul of a club (sometimes even more than matches!), and consequently improve the finances as well.

Now that the premises are so lovely and comfortable including the badly needed "new blue loos" members will have an incentive to frequent the Club and help in its continued success. Next big event scheduled to fund raise for Enable Ireland is the Ladies Tea, not a tea at all but a full meal preceded by a champagne reception and succeeded by the Constitution/Dolphin match. See you there ladies!

Maire Gillane

Enable Ireland

Fundraising Event

The Ladies of **Cork Constitution & Dolphin** have taken the opportunity to use Friday nights game as a fundraising event for **Enable Ireland**

This is part of both clubs policy on community engagement and the realisation that in the professional era the club game needs to be part of the wider community, this is just another initiative of how clubs can participate and cooperate.

Enable Ireland provides free services to children and adults with disabilities and their families from 40 locations in 14 counties. Covering childhood to adulthood **Enable Ireland's** expert teams work with the individual and their family on a plan for each life stage.

Enable Ireland's services for children and their families cover all aspects of a child's physical, educational, and social development from early infancy through adolescence. For adults they offer a range of services covering personal development, independent living, supported employment, social and leisure activities.

The demand for Enable Ireland's services continues to increase throughout Ireland. Enable Ireland has set challenging goal of meeting these needs by providing a full range of high quality services, and expanding into local communities.

MINOR NIGHT

The Club Minor night takes place in the Clubhouse on Friday 16 November 2012 at 7:30 PM.



A great night is assured with Guest Speaker and Hall of Fame award and dancing till late.



Tickets available from Der , Packie Padraig , Mitch , Stan and Fiona.

Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.



If you are interested in becoming a Hoarding Sponsor please contact Sean O'Riordan at 0872413087 or Fiona Burke at 021 4291960 or e-mail corkcon@eircom.net

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Rugby Jokes

Rugby player in Chinese restaurant:

"Waiter, these noodles are a bit crunchy."

Waiter: "That's because they're the chopsticks, sir."

A man went to the doctor one day and said: "I've just been playing Rugby and when I got back I found that when I touched my legs, my arms, my head, my tummy and everywhere else, it really hurt." So the doctor said: "You've broken your finger."

Rugby player: "Doctor, doctor, every morning when I get up and look in the mirror - I feel like throwing up. What's wrong with me?" Doctor: "I don't know, but your eyesight is perfect."

Pat Twomey

U 11's Roar on Con to Victory



It was a chilly November Morning outside the Club house. Still dark at 7 am but the Cork Con U11 Boys who were travelling to Lansdowne were in great form, this despite the punishing games the previous afternoon against Ironsides from England. We loaded 43 players on to the team Bus along with 7 Coaches and there was also a mini bus to take the travelling parents, this bus was under the care of Ciaran Collins who coaches with the White team.

While travelling up the M8 we set about the task of entertaining the players to which end Conor Hayden had arranged a sports quiz. This proved a great success and by the time it was finished the boys had started to tuck in to their sandwiches, this downtime allowed us coaches to put together the teams and as luck would have it we were able to keep the majority of boys in their regular groups.



We formed 3 teams Cork con Black, Cork con White and Cork con Blue, it should be noted that we also had an assistant coach in Niall McWhinney who could not play due to a hamstring injury which he picked up in Kinsale. On arrival at Lansdowne we immediately made for the dressing rooms to prepare for warm up.



During Warm up on the Lansdowne back pitch the weather did us a favour and with the sun out and the boys ready to do battle we stepped in to the fray. On the Signal from Michael O'Brien Lansdowne Head coach battle did commence.

There were 9 games in total too many to mention individually but all of the 8 Cork Coaches were delighted with the boys performance observing some exceptional individual plays and a lot of clinical team work from each group.

It was satisfying to see the ferocity with which Cork Con went at Lansdowne, Crunching tackle after crunching tackle, strength in contact areas and advantage gained in nearly every scrum and lineout.

All the boys showed a single minded willingness to cross the gain line and ultimately the Try line.

With the dust settling and the final game finished we gathered in the centre of the pitch to cheer the others efforts and take photos. Michael O'Brien made a short speech acclaiming the noticeable improvement in the boys ability over the previous year and he mentioned how cork Con had set the bar high and his boys would have a bit to do for the return trip in February.



After photographs we went to the club house for lunch and a couple of libations which were well deserved. Many thanks to Lansdowne RFC for their hospitality. Special thanks to Michael O'Brien and his fellow coaches.

With lunch demolished we settled down for the small matter of the UBL Div IA game Lansdowne Vs Cork Con. At the final whistle it was a sight to see the 43 boys rush on to the pitch to greet a victorious Cork team.

After the game Club Captain Gerry Hurley commented that it was amazing the effect the encouragement of the U 11's had on the team going into the final 10 minutes as everyone of the players did not want to leave their loyal supporters down.

The bus home had a very buoyant mood and it still defies belief as to how some of the boys kept going.

We did a pit stop in the Midway services in Portlaoise where everybody got their tea.

Back on the bus to Cork a sing song broke out amongst the boys and even some of the coaches joined in.



We got back to Temple hill at 9. Pm where the boys were clapped off the bus by their parents and friends , once everybody was handed over we coaches had a coke in the Cork Con Bar.

Special thanks to the Coaches.

Black Team Conor Hayden Sean O'Riordan(Head Coach) Finbar Cudmore Niall Mcwhinney(Assistant Coach)

White Team Greg Fulton Ciaran Collins Don Harney

Blue Team John O'Donnell Paul Fisher

Cork Constitution Football Club Concession Scheme

| Name | Location | Offer Details |
|------------------------------|--|---|
| Rochestown Park Hotel | Rochestown | 15% Discount on spend over €50 Discounts from 10% to 30% on MRI, X-ray, DXA, Ultrasound and CT |
| Euromedic | Elysian Cork and 3 Dublin Centres | |
| Finn's Corner | Grand Parade | 10% discount on all stock (Except sale goods) |
| O'Sullivan's Pharmacies | Various | Earn Discounts with Loyalty Card , Cash back to Club |
| Fitzgerald's Menswear | Patrick Street | 10% discount on all stock (Except sale goods) |
| Quill's | All Store's | 10% discount on all stock (Except sale goods) |
| Jacques Restaurant | Phoenix Street | 10% discount A la Carte menu - Mon to Fri Excl Wine |
| Island Gate Restaurant | Glounthaune | 10% discount Lunch & Evening Meal (Excl Wine) |
| Tracey Shoes | Patrick Street | 10% discount on all stock (Except sale goods) |
| The Framemaker | Patrick Street | 10% discount on all stock (Except sale goods) |
| O'Donovans Off Licence | All Stores | 5% discount on ALL Wines |
| Kiernans Garden Centre | Douglas Shopping Centre | 10% discount (excluding sale stock) |
| Diane O'Mahony Jewellers | Winthrop Street | 10% discount (excluding sale stock) |
| The Temple Inn | Ballintemple | 10% discount on all lunches |
| Welch Sports | Cork City | 10% discount on all stock (Except sale goods) |
| Serge Blanco | Patrick Street | 10% discount on all stock (Except sale goods) |
| Carey Tool Hire | City Hall Quay | 10% discount on Sales or Hire (Excl sales goods) |

Discount Available to members on production of Membership Card

Winter Events

Later in the month on the 16th will be the ever popular Minor Night with this years keynote address from Ross O'Dowling, who is now on the search for stories, so be aware when you are chatting to Ross. Always a highlight in the club year is the Minor Night and one not to be missed.

In December as always it's action packed starting with Shannon on the 1st with a Christmas Lunch on the day followed by Christmas drinks after the match to kick off the festive season. On the 7th the President and Captain's Dinner, the 1st in the new clubhouse takes place and we await news on Finian's Keynote Speaker for this event. This promises to be a great night and we look forward to getting into the Christmas spir-its in our new clubhouse.

The followings week we will have our Christmas Giving Tree with the annual Christmas Kids Party, we are still looking for a volunteer to wear the red suit, all applications welcome. We finish the December activities with our annual Con v College Stephens Day Match for the Crowley Cup and we look forward to welcoming College to our new clubhouse for our annual get together.

We look forward to any events members wish to include that are not mentioned above. We have a new clubhouse and we need to get maximum return from all the hard work that went into getting it to where it is today. We want all members to get the maximum return from a fantastic facility and we encourage all members to use it in as many ways as possible. Enjoy the coming months and if you have ideas for events please let us know and we will endeavour to put it into the schedule.

Tony O'Connor

Presidents & Captains Annual Dinner

President Finian O'Driscoll and Captain Gerry Hurley Annual Dinner takes place in the Clubhouse on **7 December 2012 at 8:00 PM**

As the President and Captains Dinner is a normally a sell out please contact **John O'Mahony or Ross O'Dowling** as soon as possible if you wish to attend this most enjoyable night.

Golf News

Pat Twomey's President Prize

The Cork Con Golf Society President's Prize will be held on **Friday 28th December** at **Fota Golf Club** from 10:00 to 11:30 Hrs

The time sheet for this outing will open the first week of December. This outing will be the last counting competition towards the golfer of the year competition for the **Cork Constitution Trophy**.

If you have any news item , event details or article you would like published in The Cork Constitution or Matchzine please forward to **Pat Twomey** at

corkconnews@gmail.com

All contributions are more then welcome especially since I am running out of jokes to fill the odd gap in the news letter.

Don't Forget to follow Cork Constitution on Facebook and on our website www.corkcon.ie



Cork Constitution FC Shop

The shop stocks Cork Con Club Jerseys, Shorts, Socks, Hoodies, etc supplied by O'Neill's Sportswear and 4ORM.



Opening Hours

Saturday 09:45 AM to 12:30 PM

AIL Match Days 09:45 AM to 13:30 PM

Club Members can avail of a 10% discount when purchasing with Membership Card.



Many Thanks to **Martin O'Brien** for providing the photographs for the Cork Constitution.