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October 2011 Volume 2, Issue 1

The Cork Constitution

Euromedic Launch

The atmosphere was amazing in Cork Con last Saturday morning as a large crowd gathered for the announcement of Euromedic Cork as our new underage sponsor for the coming season.

Cork Con club President Brian Humphries was delighted to announce the three-year sponsorship with Euromedic Cork.



Aoife O'Donnell Laura Costello Brian Humphries Daniel O'Connor and Peter Humphries pictured at Euromedic Launch

Aoife O'Donnell of Euromedic stated: "Euromedic are delighted to be part of Cork Con and are proud sponsors of the club's underage rugby.

"It promises to be a positive relationship for both Euromedic and Cork Con underage and we look forward to developing the association with Temple Hill"

Peter

Good Director of Under-age Rugby presented Aoife and Laura with a Cork Con rain jacket



The large gathering then turned their attention to the Ireland V Australia World Cup Game.

There wasn't space to be got by kick-off in the club and the TVs in the President's Room, main bar and club hall were the centre of attraction for all who turned up. It was a sea of Con jerseys, Ireland jerseys and the odd Aussie jersey. Euromedic provided T-shirts and spot prizes for the underage players prior to the big match kick-off and everyone was set for what was to be one of the most memorable days in Irish rugby.



Naturally there was a huge roar for the Cork Con lads in green and the atmosphere was amazing as the gallant Irish team upped the ante in the second half and began to dominate the over confident Australian side who quite simply did not know what hit them.



The euphoria that followed the final whistle is something that will be remembered for a long time in the club.



After the match all the underage grades took to the three pitches at Temple Hill to emulate Ronan, Donnacha and Denis and continue the journey of some day following in their footsteps.

Lets hope that Ireland can go and progress out of their pool and get to the quarter finals at least.

Roll on Italy !! **Tony O'Connor**

Supporters Coach AIL Lansdowne | October 2011

Our first AIL game of the new season is against Lansdowne on the 1 October 2011 at the Aviva Stadium in Dublin. A supporters coach will depart Cork Con at 9.15 AM. Returning to Cork Con for 8:00 PM. No stop over. Cost €10 If you wish to travel please add your name to supporters coach list on notice board in the bar or contact **Stan Waldron** on 087 7633000 or **Fiona Burke**

U 10 Tour Lansdowne | October 2011

The senior team will have plenty of support on Saturday as 36 under 10 players, 30 Parents and 10 coaches are travelling to play a blitz in Lansdowne.

Coaches leave Templehill at **7:30 AM Sharp**

Underage Section News

Euromedic Cork Proud Sponsors of Cork Con Underage Rugby

Summer Camp 2011

The 3rd Annual Cork Constitution Summer Camp again proved to be a resounding success. The popular annual event goes from strength to strength and this year among the 200 participants was a group of youngsters from Italy.

For two weeks in June the participants enjoyed a very memorable experience. Divided into age appropriate groupings, participants learned new skills, practiced old ones and enjoyed rugby-based games and activities in an atmosphere of fun and camaraderie. Happy and smiling, yet exhausted faces left Temple Hill each afternoon eagerly awaiting the following day's activities.



The ethos of the camp was based on the campers having fun in an environment that was both safe and enjoyable. To facilitate this a team of coaches, led by the ever youthful Fred Casey capably put the campers through a series of drills and mini games

It was also a wonderful opportunity for the youngsters to meet Peter Stringer and Billy Holland of the Munster Rugby squad, both of whom started their rugby with the Juvenile teams at Temple Hill.



A welcome addition this year was to welcome our friends from Italy and they were suitably impressed with the coaching facilities and the social aspect of the Cork Con welcome. Indeed before they left they arranged for a Cork Con coaching input to a camp at their home club held in August. We look forward to continuing this reciprocal arrangement in the years to come.

Thanks to everyone who participated and the parents for supporting this worthwhile venture. A special word of thanks to evergreen Fred Casey and his coaching staff drawn from the club. They did a superb job for the fortnight under the direction of Camp Director, Kevin Flanagan.

Enrolment for Summer Camp 2012 will be notified early next year.

Kevin Flanagan

FOGRA

We hope that the underage news section will be a regular feature of future editions of the **Cork Constitution**.

If you have any underage news you would like published please forward to Pat Twomey at PATT@Ireland.com



Cork Constitution is participating in 'Your Club Your Country' a IRFU fundraising mechanism for rugby clubs.

We hope to sell 1,000 tickets for the draw with all of the proceeds being retained by the Club

The draw will take place on the morning of the RWC final on Sunday 23rd October, 2011.

Prizes

1. **Tour with Ireland and O2 in New Zealand in 2012** (inc. flights and accommodation)
2. A brand new **Volkswagen Polo**
3. **VIP trip to Ireland's two away RBS 6Nations** games in 2012 (inc. flights and accommodation)
4. **VIP trip for two to see Ireland play the Barbarians** in the UK in June 2012
5. **12 seater Box plus full hospitality** with The Hospitality Partnership for Ireland v Italy in 2012 RBS 6Nations
6. **Guinness Rugby House Party** for 25 people (inc. food and beverages)
7. **O2 Gold card VIP Package** for two to 10 concerts in the O2 in Dublin in 2012
8. **€1000 worth of Puma gear** 'spending spree'
9. **€1000 Paddy Power rugby voucher** in 2012
10. **VIP Package to Ireland Rugby Games** in Aviva Stadium in 2012

(Please note that prizes may be subject to change and without any notice given by the IRFU)

Please support this draw as part of the ticket sales proceeds are being used to fund the U13 Tour to Italy at Easter

Pat Twomey

Saturday Juvenile Training Times

UNDER 7 'S BORN 2005 9.30AM TO 10.30 AM

UNDER 8 'S BORN 2004 9.30AM TO 10.30AM

UNDER 9 'S BORN 2003 9.30AM TO 11.00 AM

UNDER 10'S BORN 2002 10.30AM TO 12.00 NOON

UNDER 11'S BORN 2001 10.30AM TO 12.00 NOON

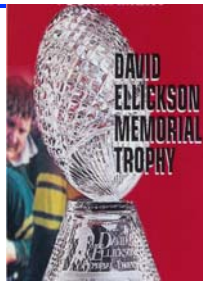
UNDER 12'S BORN 2000 10.30AM TO 12.00 NOON

UNDER 13'S BORN 1999 10.00 AM TO 12.00 NOON AND WED AFTERNOONS 4.00 TO 5.30PM

Please note the above times are subject to change

Under 21's Win Tournament

THE CORK CON FC UNDER 21s TRAVELLED TO WATERPARK RFC LAST SATURDAY TO PARTICIPATE IN THE DAVID ELLICKSON / TOM KAVANAGH MEMORIAL TOURNAMENT.



THEY COMPETED AGAINST OTHER STRONG UNDER 21 TEAMS FROM BOTH MUNSTER AND LEINSTER CLUBS.

WHILE THEY LOST THEIR FIRST MATCH IN THE POOL STAGES, THEY PROGRESSED IN THE TOURNAMENT TO CONTEST THE FINAL AND WIN TOURNAMENT OUTRIGHT.

THIS IS A FANTASTIC START TO THEIR SEASON AND TESTAMENT TO THE HARD WORK AND DEDICATION THE SQUAD TOGETHER WITH THE TEAM MANAGEMENT OF TERRY DILLON, JERRY MURRAY, TOMMY MCLAUGHLIN AND MARK O'SULLIVAN HAS PUT IN ALREADY THIS SEASON. A SPECIAL THANKS TO PAT O'KEEFE AND FIONA BURKE FOR THEIR WORK IN REGISTERING THE PLAYERS.



U 21'S Celebrate after winning Waterpark Tournament

WE WISH THEM WELL IN THE U21 SOUTH WESTERN CONFERENCE CAMPAIGN, AS THEIR FIRST MATCH IS AWAY TO GARRYOWEN ON SAT 8TH OCT.

Serge Blanco Man of the Match

Serge Blanco have confirmed that they are continuing their sponsorship of the Cork Constitution Man of the Match Awards for the coming season.

Serge Blanco was arguably one of the best French full backs in the modern game of Rugby. In 1992, he transferred his number 15 and his name to this exclusive range of clothing for men and children.

Speaking at the announcement of the sponsorship Senior Team Manager **Kenny Murphy** stated that the sponsorship of the man of the match awards by

Serge Blanco was very welcome and much appreciated by all members of the senior squad

Serge Blanco Ire 59 St Patrick Street, Cork

You can also buy on line at www.sergeblanco.ie/

Director of Rugby Message

This season the AIL Div IA promises to be intriguing with 18 matches and a winner take all format .

Clubs have become very used to the top 4 playoff system and this change in the regulations will challenge the strength in depth of clubs lucky enough to be vying for the top entering the final stages of the League .

I am a huge admirer of the AIL and regret it is being tampered with in the restriction of professional players being allowed play in the competition .There was adequate rules in place whereby a professional player could not be sprung in the later stages of the competition, if he had'nt played in the earlier rounds .Certainly health and safety issues ,as quoted by some , is not an issue in these fringe professional players playing in Div IA .

Of more importance is that playing at this level prepares these young players for the demands that will be placed on them when performing for Munster in later years . People also tend to forget that the AIL was the breeding ground for an awful lot of Munster players in previous years and should be embraced by the professional game to help develop these young players .

Munster are also unique in not having huge numbers of players coming through the schools system and unlike say Leinster who rely on the Academy system to bring through players, we need a strong club structure in Munster to help develop these players for the professional game .

The AIL IA needs a higher profile to help attract back the crowds ,bring sponsors on board and get the media involved again .These are extremely tough times for all clubs and we need fresh new ideas to help improve our game .

Can I finally wish all our players , coaches and management the very best for an enjoyable season .

Jerry Holland Director of Rugby



CHRISTMAS QUIZ

Shay Livingston, General Manager of **Rochestown Park Hotel** has again kindly agreed to sponsor the **Cork Constitution Christmas Quiz**.

The quiz will be in the December issue of the Cork Constitution with Fantastic Prizes.

The questions will be set by Pat Twomey and all of the questions in the quiz will be taken from this season's Matchzines and Ezine version of the newsletter .

One question has already been picked from the Ireland V Australia Matchzine.

The Matchzine and Ezine can be downloaded from the website.

As the season is about to start it is time to review the work carried out during the summer.

Last year we did major work on the main pitch and this was further improved on this summer and was also used as a car park and a tag pitch. It was verti drained and seeded on three occasions during the spring and summer (we did not use as much water as last year to relief of the Treasurer Stephen Murphy who is keeping a very close eye on all out goings.



The second pitch was skimmed and levelled concentrating on the lower section this has sand added and combed in in order to improve drainage and to keep the surface loose. The full benefit of this will not be obvious 'till next year but improvement is to be seen at present.

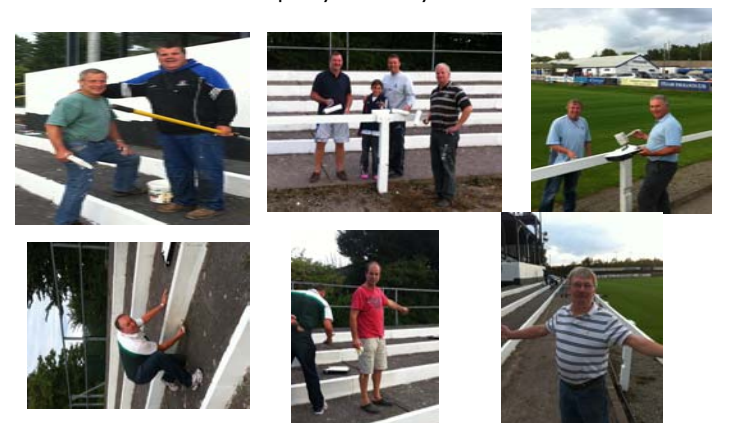
The third pitch was drained and sanded this was also over seeded and fertilised.

Apart from the pitch work we did a refurbishment of the D F O'Connell stand. This came about when we got a tip off about seating being available ex Lansdowne Road via Musgrave Park. The stand was stripped back to the floor line and the steps on the aisles were improved , the new seats fitted and the roof sealed and painted.



As for the Bar a little clean up job was carried out I am not going to go into much detail on this but why not drop in for a pint see for your self and enjoy the club.

On a balmy summer evening (remember those?) a motley crew gathered for the annual Templehill painting contest. After a hard fought battle the contest was declared a draw and everybody retired to the bar for well deserved refreshments and burgers superbly cooked by Dom.



Mick Boland

Summer Innovation Award



The first innovation award of the season goes to **Dom and his Burger Crew** for all the great burgers and hot dogs they served up to the hungry taggers and the Thursday Gang

Am Am

Rain washed out the Cork Constitution Annual AM AM on Friday 24th June as the sheer volume of rain that fell in a short space of time completely overwhelmed the drainage system at Douglas Golf Club Organisers Ray Clarke and Liam Hurley were forced to call in the teams from the course and cancel the event and set a new date of Friday 2 September.

On the day Douglas Golf Club was in fantastic shape and the fast undulating greens were a real test. The team was Greg Barrett, Packy Derham and Sonny Jackson with a very worthy 53 pts. Norman Barry, Kieran McAuliffe and Noel Fitton with 51 were second. The AM AM was sponsored by **QEF Global** and Mike Nolan presented the prizes to the winning teams at a very pleasant function that night. We thank him most sincerely for his generous sponsorship.

Unfortunately Liam Hurley didn't make it on the day as he was in hospital but he was there in spirit and we send him our best wishes and hope he makes a speedy recovery. Cully Murphy was an able replacement on the day. Ray Clarke and Liam Hurley after many years of service are stepping down and wish next years organisers every success.

Many thanks to Ray Clarke and Liam Hurley for their Trojan efforts over the years.

Cork Con Golf Society

The officers for the coming season are Don O'Riordan Captain, Pat Twomey President, Cully Murphy Secretary and Noel Walsh Treasurer. Noel is taking over from Liam Coughlan who has held the onerous post of Golf Society Treasurer for many a year. Liam deserves great credit for leaving Noel with some cash to work with especially considering the generous support that the Golf Society has given the Club Match Programme over the years.

A number of outings are planned for the coming season and new members are more than welcome, just contact one of the committee.

Don O'Riordan

Cork Con Stalwarts Join Clontarf



Frank Cogan and Richard Lane have left Constitution to further their business careers. Both Frank and Richard have given years of sterling service to the Club and played a considerable part in the clubs successes in both the A.I.L. and All Ireland cup. Between them they have made over 230 AIL and Cup appearances.

Both recently joined Clontarf where they join another former Cork Con player Evan Ryan. Frank is enjoying his rugby but misses the craic in Con. However he has promised to drop in whenever he is in Cork as he is convinced there is still a few bob left on his Club Card.

Both Frank and Richard will always be welcome back in the Club and we hope that they return some time in the future to end their playing careers with us and eventually join Wally in the alickadoo's lounge in our new clubhouse.

As Clontarf have gained promotion to Division IA we look forward to welcoming Frank, Richard and Evan back as players to Templehill this season.

Pat Twomey

Many Thanks to Martin O'Brien for providing the photographs for the Cork Constitution.



Pitchside Hoardings

Our Pitchside Hoardings are a valued source of income to the Club and a number of spaces are available for the coming season.

If you are interested in becoming a Hoarding Sponsor please contact Fiona Burke at 021 4291960 or e-mail corkcon@eircom.net