



#### Events:

- 1<sup>st</sup> April U 21 AIL Cup Semi final V Lansdowne Home 19:00
- 2<sup>th</sup> April AIL V Blackrock Home 14:30
- 3<sup>rd</sup> April Munster Junior Cup Semi final V Kilfeacle Musgrave Park 14:30
- 16/17<sup>th</sup> April All Ireland League Semi Final Home

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April 2011 Volume 1, Issue 9

# The Cork Constitution

## Judgement Day

IT'S all to play for in this weekend's final round of regular fixtures in Division 1A and 1B of the All-Ireland League.

The top three teams in Division 1A and top team in Division 1B will go in the play-off semi-finals for the league title and, as it stands, champions Cork Constitution head 1A, followed by Old Belvedere and St Mary's, with Clontarf 10 points clear at the top of 1B. However, Young Munster will believe they can secure the third play-off spot ahead of Mary's as they are only a point behind in the table.

Constitution secured their play-off place last Saturday with a resounding 22-0 win over St Mary's College and also ensured a home semi final tie

Meanwhile, the second-placed team in 1B will be automatically promoted to 1A along with Clontarf, while the third-placed team faces the bottom side in 1A for a place in the top tier.

It makes for a frantic weekend of action in 1B as the sides behind Clontarf jostle for position while, at the basement of 1A, Garryowen and Shannon are both battling to avoid that survival play-off.

Ulster Bank League, Saturday (all games 2.30) -- Division 1A: Cork Constitution v Blackrock; Old Belvedere v St Mary's; Shannon v Dolphin; Young Munster v Garryowen.

The Semi Finals of the AIL are fixed for the 16/17 April 2011.

Cork Constitution will have home advantage.

Pos	Team	Pl	W	D	L	F	A	DIFF	TB	LB	Pts
1	↑ Cork Constitution	13	9	2	2	242	163	79	2	1	43
2	↓ Old Belvedere	13	8	1	4	254	178	76	3	2	39
3	⇒ St. Mary's College	13	7	0	6	239	199	60	3	3	34
4	⇒ Young Munster	13	7	0	6	197	179	18	1	4	33
5	⇒ Blackrock College F	13	6	0	7	251	271	(20)	1	3	28
6	⇒ Dolphin	13	5	1	7	203	246	(43)	0	4	26
7	↑ Garryowen	13	3	2	8	186	244	(58)	1	4	21
8	↓ Shannon	13	4	0	9	197	309	(112)	1	4	21

Also the Junior 1 XV has reached the semi final of the Munster Junior Cup after a resounding 45-23 victory over Garryowen recently, and on Sunday 3 April they play Kilfeacle at Musgrave Park, kick-off 2.30pm. Your support would be appreciated for this excellent side

## Cork Constitution Club Internationals



Frank and Gerry after their victory against England

Congratulations to our Club Captain **Frank Cogan** who Captained the Ulster Bank Irish International side against Scotland and England and to **Gerry Hurley** who was also capped in both games. Gerry was also capped when playing for his previous Club Garryowen

### Cork Constitution FC

v  
Blackrock College RFC

Ulster Bank

All Ireland League

Saturday April 2<sup>nd</sup>

Match Day Events

1:00 Pre Match Lunch with guest speaker Tom Leahy Regional Director South, Ulster Bank group

2:30 Cork Con v Blackrock match

4:30 Launch of Summer Tag Rugby followed by a demonstration game

4:30 U11 & U12 Mini Rugby Festival between Cork Con & Boyne RFC

7:30 Munster V Leinster shown in Clubhouse

Bar-B-Q in operation all day

Free entry to game for all members

### Match Day Parking

Please note that there is restricted parking in Templehill on Match Days. We request that match patrons respect our neighbours by not parking on the double yellow lines outside local housing estates as this causes a traffic hazard.

## Getting to know Ian Nangle

Hailing from Buttevant, Co. Cork Ian played his school rugby with Glenstal Abbey. A power house in our double winning team of last season Ian is steadily progressing through the Munster ranks and has recently been awarded a full time contract. In November 2010 Ian was named Man of the Match in Munster's historic win over Australia in Thomond Park. Ian earned his first Ireland "A" cap against Scotland in January. Ian's other representative honours includes Ireland U19 and U20.



Pic: Martin O'Brien

**Name:** Ian Nangle

**Place of Birth:** Cork

**Currently Residing:** Cork

**Education:** Glenstal Abbey

**Occupation:** Student

**First started playing Rugby when:** U12s

**Sportsperson Admire Most:** Lance Armstrong

**Toughest Opponents:** New Zealand U20s

**Career Highlight to date:** Weighing in over a 100 kilo

**Favourite Other Sport:** Skiing

**Favourite team outside rugby:** LA Lakers

**Hobbies outside rugby:** Deep thinking that gets misconstrued as day-dreaming

**Best part of being a rugby player:** Winning

**Worst part of being a rugby player:** Weigh ins

**Person you would most like to meet:** Floyd Mayweather

**Person you would avoid at all costs:** Jordan

**Favourite Food:** Fruit salad....(bars)

**Sporting Event you'd most like to attend:** Superbowl

**Best place you've visited:** Australia Gold Coast

**Three people you would invite to dinner and why;** Georgia Salpa, Kerry Katona, Mary Byrne, Plan A Plan B Plan C.

## Ulster Bank AIL League Update

### Constitution 22 : St Mary's 0

Cork Constitution got back to winning ways with a fine 22-0 win at Templeville Road, a result which has guaranteed us a home semi-final.

Constitution's deadly combination of pace and power, with **Ian Nangle**, **Denis Fogarty** and **Scott Deasy** to the fore, was too hot for St. Mary's to handle on this particular occasion.

Centre **Cyprien Jouve** scooted away from the covering **Rob Sweeney** to score the opening try and help Constitution on their way and they were well worth their 10-0 interval lead.

Scrum half **Gerry Hurley**, fresh from Ireland's brace of Club International wins, kicked a penalty and two conversions and the lively **Simon Zebo** did the rest of the damage.



Zebo gathered his own chip ahead and avoided **Darren Hudson's** last-ditch challenge for the first.

The former Ireland Under-20 international then rounded over in the right corner past **Stephen Grissing's** despairing tackle for his second, following a clever grubber kick from **Scott Deasy**.

St. Mary's had a strong set piece and Hudson, **Ronan Doherty** and Grissing had their moments in attack. Replacement **Ian McKinley** also threatened in the closing stages and Cork Con centre **Ivan Dineen** was yellow carded as St. Mary's raided forward.

Out-half **Gavin Dunne** missed a penalty for the hosts but they had precious few other scoring chances and for the most part, Constitution's well-organised defence kept them at bay.

### Constitution Team

Sean Scanlon; Richie Lane, Ivan Dineen, Cyprien Jouve, Simon Zebo; Scott Deasy, Gerry Hurley; Stephen Archer, Denis Fogarty, Martin Gately, Brian Hayes, Ian Nangle, Billy Holland, Brendan Cuttriss, Frank Cogan (capt).

Replacements used: Peter O'Mahony for Nangle (34-37 mins, blood sub), Peter O'Mahony for Hayes (63), Duncan Williams for Jouve (65), Robert Quinn for Fogarty (70), Gareth Murray for Gately (75), Conor Desmond for Zebo (80+2), Martin Gately for Archer (80+4).

**Pat Twomey**

## Serge Blanco Man of the Match

The winner of the Serge Blanco Cork Constitution Man of the Match for the Garryowen game was **Sean Scanlon**.



Serge Blanco was arguably one of the best French full backs in the modern game of Rugby. In 1992, he transferred his number 15 and his name to this exclusive range of clothing for men and children.

Serge Blanco Ire 59 St Patrick Street, Cork

You can also buy on line at [www.sergeblanco.ie/](http://www.sergeblanco.ie/)

## Year Nine of Constitutions Cheltenham Celebration

Rochestown Park Hotel was once again the venue for our Cheltenham Race Day and with each passing year the event has gained in stature and has now firmly established itself in Cork's Social Calendar as a popular and spectacular day out.



Notwithstanding recessions and bailouts it is a day to dress up and have a bit of fun and the return, year on year, of so many supporters, members and non members alike, is testament to the foresight of the hard working committee who put in the hours ensuring everything goes right on the day.

Things got going immediately on arrival with a very sociable Cork Dry Gin and Tonic reception in the spacious lobby of the Conference Centre, followed by lunch with the very appropriate menu choice of beef or salmon.



During lunch the patrons were greeted warmly by President Der O'Riordan who thanked all concerned for their support for such an important fund raiser in these difficult times.



This is the ninth year of the event started by the then President Dr Noel Walsh whom Der thanked for his efforts and continuing presence on the event Committee so ably chaired by Frank O'Connor and supported by Culie Murphy, Des Murphy, Mary Walsh, Leonard Dowling, Ian O'Leary and Jan Derham.

Special thanks to Shay Livingstone, General manager, of Rochestown Park Hotel who along with being our main club sponsor also gives us huge support and most favourable terms in the running of the Cheltenham day.

President Der O'Riordan also offered a very special appreciation to Keanes jewellers who so generously sponsored the prizes for the best dressed lady and best dressed gent. The deserving winners of these magnificent watches were Norma Hyde and Bertie Smith.

A special awards for long term supporters, generously sponsored by Dave O'Connor of Suit Distributors, were awarded to Billy Dowling, Wally Morrissey, Mick Ring and John Dwyer. We offer our sincere thanks to Dave O'Connor for his continuing support.

Well done Norma and Bertie and thanks should be really given to all of our patrons who between them help to make our Cheltenham celebration such a classy day out.

The real business of the day then got underway with the first race. The atmosphere generated by the large screen is so real as to make no difference to "being at the course" and the sight of the punters on their feet roaring in support of their chosen mount is heart warming.



All of this in the comfortable surroundings of Rochestown Park Hotel is as good as it gets. Each race was preceded by an assessment of each horse with tips from our own racing expert Tom Busted and this year he proved that he does indeed know a thing or two about horses.



The fine wines supplied by Gleasons Wine Supplies added hugely to the over-all atmosphere and long before the day is over all of the cares of the world are a long way away.

Commenting on the day Event Chairman Frank O'Connor stated "It is really gratifying to report in these difficult times that many business people and supporters consider our event to be worth attending. We know that all these valued friends feel that they are getting good value for their guests. In return we would like to assure our supporters how much we appreciate their continuing attendance and let them know that their contribution is put to good use in providing facilities for the many hundreds of young people who we are lucky enough to have as members. To all, businesses and individuals we say a simple and sincere Thank You".

And so another year has come and gone and I finish my report by assuring you all that we will assemble once more in 2012 for yet another day of fun and friendship.

Words Dr Noel Walsh

Photo's Jim O'Neill

## Constitution U 21's Win Quarter Final

Congratulations to Constitution U21 XV on reaching the semi final stage of the All Ireland Fraser McMullen Cup in which they play Lansdowne on Friday Night at Temple Hill with the kick off at 17.00pm.

Last week Constitution won a dramatic match against St Mary's College 23-21 . Constitution raced into an early 10- 0 lead with a penalty by Cian McGovern followed by a try under the posts by Simon Hanbidge converted by McGovern. St Mary's to their credit came back strongly with a penalty and an unconverted try. Another penalty by McGovern brought the half time score to 13-8.

The narrow margin gave St Mary's confidence and they started the second half strongly. An early penalty brought the scores to 13-11 . Constitution upped the ante and were camped on the St Mary's 22 for almost 10 minutes but were rocked when an intercept on the St Mary's line lead to a try underneath the Constitution posts with the conversion leaving the score 13-18.

Clearly shaken Constitution received a further set back when St Marys converted a difficult penalty chance to lead 13-21. To their credit Constitution dug deep and hauled themselves back in the game and after a bout of sustained pressure Daragh Dunne scored a try from a tap penalty. With the successful conversion by McGovern Constitution trailed by a point 20-21. A further penalty by McGovern gave Constitution a 23-21 lead and despite pressure from St Mary's during the closing minutes held on for a narrow but well deserved victory.



U 21 Team who defeated St Mary's in the Qtr Final of the Fraser McMullen Cup

Lets hope the side make history by being the first Constitution side to reach the U21 final. The Final will be played on Sunday 10th April 2011, venue to be advised.

In the other Semi Final Clontarf face U.C.D. at Castle Avenue on Saturday Kick off at 14:30

**Pat Twomey**

### Letters to the Editor

Due to pressure on space **Letters to the Editor** has been held over to the May Issue of the Cork Constitution

## Murphy O'Connor Presentation

Kevin Murphy O'Connor presented his father's Cork Constitution cap from 1913-14 season to President Der O'Riordan at the annual President's & Captain's Dinner on Friday 19th February.



Kevin is son of James Murphy O'Connor who captained Cork Constitution in 1913-14, the same season that his older brother George captained University College Cork RFC.

Subsequently James followed his brother and went to UCC and qualified as a doctor also, and later joined his elder sibling in Reading, where George had set up in General Practice. They were sons of a long established family Wine Importing business on Anderson's Quay in Cork.

George's eldest son ,Cormac, is now Cardinal emeritus at Westminster Abbey, and another son, James, was capped for Ireland in 1954.

Kevin was born in 1932, and when war broke out, he came to Cork and attended CBC for 18 months, to avoid the London blitz. Subsequently he went to Prior Park College, Bath, where his nephew Dr James Murphy O'Connor is the current head master since 2009.

Kevin is also a cousin of Fr Kerry Murphy O'Connor, PP Turner's Cross, Brian Murphy O'Connor the eminent Cork Architect, and Fr Jerome Murphy O'Connor the world renowned scholar at Ecole Biblique in Jerusalem.

President Der O'Riordan commented that the Club were proud to be associated with such a noble and renowned Cork family.

**Stan Waldron**

## Beaumont Bridge Club

At a recent very enjoyable social evening in the Cluhouse in Templehill Beaumont Bridge Club celebrated their 30<sup>th</sup> anniversary.

After the usual bridge night the Anniversary Cake was brought out and the celebrations began in earnest with a sing song reverberating through the club.

Cork Constitution are delighted with their long association with Beaumont Bridge Club and wish them every future success

## Under 12's win Willow Park Festival

The under 12's had a busy day last Saturday the 26th March when 68 players and coaches headed to Dublin for a fun filled day. Three teams ventured into Templeville Rd to play in a blitz with St. Marys and Tenenure and one team travelled to Willow Park to compete in the 5th class festival of rugby.



Our Templeville teams had a great day hosted by the more than helpful St. Marys. They were hosted with enthusiasm and made our boys extremely welcome. After matches which results were shared equally by all clubs the boys enjoyed refreshments and all watched the senior match together. Action packed and fun for all involved.



U 12 Team Willow Park

Our other team travelled across the city to Willow Park with a strong team to compete in the festival of rugby with 53 other teams. The team that competed have put extra work and it was evident from their performance.

They played with a passion and competence against St. Marys, St. Bridgets, Willow Park and St. Michael's schools and club sides Gorey and Wexford.

The team were undefeated and it became apparent they were the team to beat as the festival progressed.



David Murray under a high ball

It was great to see 5th class boys from Con who play once a week compete with 5th class schools teams who train up to 4 times a week.



After the festival the team travelled down the M50 to join their team mates and friends to watch the second half of the AIL match and swop stories about their days.

Discussing Tactics

After the AIL match the boys returned to Cork together and stopped off in Midway for food and refreshments.

Thereafter the final leg of the day was spent singing and telling stories of another great day in Dublin with Cork Con. They now are hoping we might have one more trip before the end of season.



The U12's were the first of many coaches to leave Templehill on Saturday at 06:30 and due to a combination of driver error and mechanical misfortune were the last to arrive in Templehill at 10:15.

They received a tremendous welcome when they entered the clubhouse proudly wearing their Willow Park Festival Medals

Many thanks to Peter and his team in St. Marys and Rory and the parents in Willow Park.

Words Tony O'Connor

Photo's Fergus Humphries

# Rugby Cycle For Paul Darbyshire and Motor Neurone Research

Munster Rugby have announced details of the upcoming fundraising cycle from Cork to Warrington in aid of Paul Darbyshire and Motor Neurone Research.



Supporting the Cycle are Donncha O'Callaghan, Paul Darbyshire, Ronan O'Gara, Professor Orla Hardiman and Paul O'Connell at Trinity College Dublin

Paul Darbyshire, Munster Head of Strength & Conditioning for the past four years, was diagnosed last September with Motor Neurone Disease.

Paul, has continued to carry out his duties with the squad with a characteristic courage and humour that has been an inspiration to all.

The notion of this cycle was first mooted by Ricky Sergent who is coach of the soccer team that Paul's son Jack plays with in Warrington and Sergent will be joined by former Munster wing Brian Carney and a group from Warrington for the trip.



A native of Wigan in the north of England, Paul played almost all his professional Rugby League career with Warrington Wolves. He is married to Lyndsay and has four children, Ella (13), Georgia (11), Jack aged 7 and baby Harry, born last October.

Funds raised in the course of the cycle will go to the Darbyshire family and to fund research into Motor Neurone Disease being carried out in Trinity College Dublin by Professor of Neurology Orla Hardiman.

The Munster Rugby Cycle for Paul Darbyshire & Motor Neurone Research begins in Musgrave Park in Cork on Sunday June 19th, with the Irish stages finishing in Trinity College Dublin on Tuesday 21st. The cycle then moves to the UK, finishing in Warrington on Thursday 23rd June 2011.

Interested cyclists can opt to take part in single stages or multiple stages of the cycle. Cyclists wishing to take part should register by contacting Munster Rugby on 021-4323563

See Munster Website for more details

Pat Twomey

# Rockwell end 10 year drought

After tasting defeat in the Avonmore Milk Munster Schools Senior Cup Final in the last two seasons, it was third time lucky for Rockwell as they were recently crowned deserving champions at Musgrave Park.

In a pulsating final that was in the balance right up to the final whistle, Rockwell ended a ten year drought before winning their 24th title against holders P.B.C.



This was a repeat of last season's decider but there was no denying the Tipperary College their hour of glory as they dominated the game for long periods but came very close to losing it in the final minutes as Pres threw everything at them.

Did you know that four members of the Rockwell team that last won the trophy ten years ago went on to play AIL with Cork Constitution. They are Daragh Lyons , Denis Fogarty , Gerry Hurley and Brendan (Boc) O'Conner.

Brendan captained Cashel when they recently won their third Munster Senior League title and gained promotion to Division 3 of the AIL League. Ed Leamy also played on the Cashel side during their league campaign.

## Date for Your Dairy

**This years Family Fun Day will be held on Saturday 14 May 2011**



Planning for this years Family Fun Day is well under way and we are delighted to announce that **Ulster Bank** sponsor of the AIL League have agreed to make their **Kick A Thon Unit** available for the Club's use on the day.

A full schedule of events will be published in the May issue of the Cork Constitution.

## UP COMING EVENTS

### Spring Tag Rugby

# I.T.R.A.®



We are delighted to let you know Spring Tag Rugby is coming to Templehill.

A Tag Rugby Blitz to launch Tag rugby in Con is being held after the Ulster Bank AIL game V Blackrock.

The Tag Rugby Spring Leagues will commence on 6 April 2011 at 18:30

[www.tagrugby.ie](http://www.tagrugby.ie)

### Spring is in the Air!

Sign up now as a Team or Individual



### Tag Rugby Barbeque Volunteers



Volunteers needed for June/ First 2 weeks of July to manage running of Tag Rugby Barbeque . 3 Volunteers needed as steering committee to run the procurement , Finance & Roistering . Also needed volunteers needed maybe 1-2 nights during the above dates to go on Barbeque roster.

Please contact Pat Moynihan

## Cork Constitution Rugby

### Summer Camp 2011



### DETAILS

#### Course Fees:

€100 per child

#### Family Discount

1st Child €100

2nd & subsequent child is €90 each.

#### Course Info:

Time: 9.30am-1.30pm (Monday-Friday)  
Ages: Boys & Girls aged 6-13

#### Dates

4th July – 8th July 2011

11th July – 15th July 2011

#### Contact us:

Cork Constitution F.C.

021 – 4291960

#### Postal Address:

Cork Constitution F.C.

Temple Hill,  
Ballintemple,  
Cork.

Course fees quoted above  
are per week

#### Closing Date

- There are limited places available at the camps and all will be filled on a first come first served basis.
- Please book early to avoid disappointment.

Applications Forms for the Summer Camp are available to download on the Club's Website [www.corkcon.ie](http://www.corkcon.ie)

### April Innovation Award



This months innovation award goes to **Peter Good** for organising the coaches for the underage players who travelled to Dublin to play their matches and festivals and then created such a great atmosphere for the Senior's AIL game against St Mary's .

Many Thanks to Martin O'Brien for providing the photographs for the Cork Constitution.

Pat Twomey



We hope you enjoyed this issue of The Cork Constitution.

If you have any news item or article you would like published please forward to Pat Twomey at [PATT@Ireland.com](mailto:PATT@Ireland.com)

All contributions are more than welcome.

Don't Forget to follow Cork Constitution on Facebook and on our website [www.corkcon.ie](http://www.corkcon.ie)